

Young Females

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Inverclyde Athletic Club	28:56	Rosie Callan (U13G)	10:06	3	Olivia Lyne (U15G)	9:29	1	Grace Barry (U17W)	9:21	1
2	Giffnock North Athletics Club	29:04	Anna Macfarlane (U13G)	10:25	10	Eve Cameron (U15G)	9:20	2	Holly Simpson (U17W)	9:19	2
3	Law & District AAC	29:07	Abbie Boyle (U13G)	9:35	1	Emily Taylor (U15G)	10:23	4	Lucy Taylor (U17W)	9:09	3
4	Giffnock North Athletics Club	29:41	Abbie Gallagher (U13G)	10:42	14	Lucy Tonner (U15G)	9:06	3	Eilidh Caldwell (U17W)	9:53	4
5	Victoria Park City of Glasgow AC	29:47	Lola Campton (U13G)	10:04	2	Caitlin Cameron Laing (U13G)	10:01	5	Anna Elizabeth Ross (U17W)	9:42	5
6	North Ayrshire Athletics Club	30:20	Kaiti McCue (U13G)	10:58	21	Emy Finnigan (U15G)	9:50	10	Lola Finningan (U15G)	9:32	6
7	Ayr Seaforth AC	30:42	Emily Ng (U13G)	10:23	8	Ava Barrie (U15G)	9:50	6	Isla Milligan (U15G)	10:29	7
8	East Kilbride Athletic Club	30:43	Jessica Caskie (U13G)	10:59	23	Zoe Baillie (U15G)	9:37	8	Matilda Frew (U17W)	10:07	8
9	Inverclyde Athletic Club	30:45	Anna Shearer (U13G)	10:54	18	Nuala Munro (U15G)	9:48	9	Cara McDougall (U15G)	10:03	9
10	Giffnock North Athletics Club	30:46	Rebecca Adams (U13G)	10:54	18	Emma Nicholson (U15G)	10:09	15	Lucy McGhie (U17W)	9:43	10
11	Airdrie Harriers	30:50	Millie Taylor (U13G)	10:17	5	Georgia McMahon (U13G)	11:14	20	Millie Gairn (U17W)	9:19	11
12	Giffnock North Athletics Club	30:50	Iris Jackson (U13G)	10:35	13	Chloe Simpson (U15G)	10:15	12	Amy Gallagher (U17W)	10:00	11
13	Kilmarnock Harrier & Athletic Club	30:50	Libby Brown (U13G)	10:18	6	Megan Haggarty (U15G)	10:07	7	Madeline Curley (U15G)	10:25	11
14	Garscube Harriers	31:08	Megan Birnie (U13G)	10:57	20	Florence Skinner (U15G)	9:59	13	Eilidh Wilson (U17W)	10:12	14
15	Kilbarchan AAC	31:52	Kira Mitchell (U13G)	10:10	4	Lucy Preiss (U15G)	10:53	15	Amelie Kerr (U17W)	10:49	15
16	Shettleston Harriers	32:02	Rowan Lennox (U13G)	10:32	12	Charlotte Reilly (U15G)	10:31	15	Emma Locke (U17W)	10:59	16
17	Giffnock North Athletics Club	32:05	Holly Macintosh (U13G)	10:58	21	Mia Tomb (U15G)	10:23	19	Anna Hill (U15G)	10:44	17
18	Law & District AAC	32:12	Lexie Boyd (U13G)	10:23	8	Grace Frood (U13G)	10:38	14	Molly Baxter (U17W)	11:11	18
19	Cambuslang Harriers	32:32	Ava Starrs (U13G)	10:43	15	Lucy Gray (U15G)	12:06	31	Brooke Walker (U15G)	9:43	19
20	Giffnock North Athletics Club	32:34	Kate Johnstone (U13G)	12:48	42	Emma Birrell (U15G)	10:08	33	Isabella Wilson (U17W)	9:38	20
21	Law & District AAC	32:34	Helena Wotherspoon (U13G)	10:47	17	Allyssa Bennet (U13G)	10:16	15	Lucy Corns (U17W)	11:31	21
22	Inverclyde Athletic Club	32:38	Frances McFadden (U13G)	11:12	29	Rosa Currie (U13G)	11:38	32	Nina Spirit-Hawthorne (U17W)	9:48	22
23	Giffnock North Athletics Club	32:45	Martha Ling (U13G)	11:55	37	Erika Tait (U15G)	10:01	23	Beth Adams (U17W)	10:49	23
24	Ayr Seaforth AC	32:52	Dalidh Logg (U13G)	10:25	10	Willow Challis (U15G)	10:23	10	Laurie McAlpine (U17W)	12:04	24
25	Kilbarchan AAC	32:56	Rebecca McCulloch (U13G)	10:44	16	Daisy De Lange (U15G)	10:53	21	Olivia Cooper (U17W)	11:19	25
26	Springburn Harriers	33:04	Caoimhe McNulty (U13G)	10:59	23	Beth Wells (U15G)	11:09	24	Louisa Fraser-Moodie (U15G)	10:56	26
27	Victoria Park City of Glasgow AC	33:26	Susanna Robertson (U13G)	11:32	33	Katie Rankin (U15G)	10:52	29	Sophie Friel (U15G)	11:02	27
28	Victoria Park City of Glasgow AC	33:28	Freya Lindsay (U13G)	11:14	30	Olivia Avdiassi (U15G)	11:02	26	Anna Clark (U17W)	11:12	28
29	Inverclyde Athletic Club	33:40	Boston Cannon (U13G)	11:14	30	Breagha Cannon (U13G)	11:43	34	Lucy Neilson (U17W)	10:43	29
30	Victoria Park City of Glasgow AC	33:46	Anna Hughes (U13G)	11:28	32	Freya Jarvie (U13G)	10:47	25	Phoebe Bonham (U15G)	11:31	30
31	Kilbarchan AAC	34:08	Frejya Mcewan (U13G)	11:01	25	Neive Mack (U15G)	10:52	22	Masie Bain (U15G)	12:15	31
32	Kilmarnock Harrier & Athletic Club	34:12	Jess Brown (U13G)	11:42	34	Cara Gilmartin (U15G)	10:41	28	Charlotte Gebbie (U17W)	11:49	32
33	East Kilbride Athletic Club	34:27	Rebecca Pew (U13G)	11:45	36	Elspeth Thorpe (U15G)	11:23	36	Skye Gilmour (U17W)	11:19	33
34	Giffnock North Athletics Club	34:44	Isabella Black (U13G)	11:07	28	Hannah Reid (U15G)	11:56	35	Aimee Agnew (U15G)	11:41	34
35	Giffnock North Athletics Club	34:45	Amelia Gallagher (U13G)	12:35	40	Olivia Gavin (U15G)	10:36	38	Ella Buckley (U15G)	11:34	35
36	Kilmarnock Harrier & Athletic Club	35:12	Lacey Naismith (U13G)	11:03	27	Lucy Campbell (U15G)	11:46	30	Emma Bain (U17W)	12:23	36
37	Giffnock North Athletics Club	35:48	Katie Russell (U13G)	13:30	44	Freya Mearns (U15G)	11:26	39	Lotty Martin (U15G)	10:52	37
38	Calderglen Harriers	36:19	Charlotte Buchanan (U13G)	10:20	7	Lucy Rooney (U13G)	12:48	37	Orlagh Rooney (U17W)	13:11	38
39	Kilmarnock Harrier & Athletic Club	37:02	Emily Robinson (U15G)	12:02	39	Jessica Black (U13G)	14:07	44	Zoe Barber (U15G)	10:53	39
40	Kilmarnock Harrier & Athletic Club	39:02	Zoe Brown (U13G)	11:42	34	Emily Martin (U15G)	13:35	41	Rebecca McNulty (U17W)	13:45	40
41	Garscube Harriers	39:34	Zoey McLeod (U13G)	12:46	41	Zoë Thomson (U15G)	12:37	42	Melanie Welsh (U15G)	14:11	41
42	Cambuslang Harriers	42:02	Ellie McCue (U13G)	11:55	37	Poppy McKnight Livingstone (U15G)	14:00	43	Sophie Cummings (U15G)	16:07	42
	Victoria Park City of Glasgow AC		Quinn Allan (U13G)	12:58	43	Charlotte Hughes (U15G)	12:08	40			
	Kilbarchan AAC		Emily Watt (U13G)	11:01	25	Bridget Walsh (U13G)	11:18	27			

Young Males

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Giffnock North Athletics Club	25:52	Christopher Cameron (U13B)	8:56	3	Evan Tyler (U15B)	8:58	3	Calum Dick (U17M)	7:58	1
2	Cambuslang Harriers	26:06	Carlo Brown (U13B)	8:31	1	Alex Bellingham (U15B)	9:40	5	Daibhidh Kinnaird (U17M)	7:55	2
3	Law & District AAC	26:07	Ross McLean (U13B)	9:04	5	Alexander Wotherspoon (U15B)	8:32	2	Blair Beverley (U17M)	8:31	3
4	Kilmarnock Harrier & Athletic Club	26:20	Callum Cooke (U13B)	8:36	2	Lewis Sinclair (U15B)	8:57	1	Jamie Walker (U15B)	8:47	4
5	Giffnock North Athletics Club	26:27	Ben McKerracher (U13B)	9:25	7	Ewan Kennedy (U15B)	8:53	6	Aaron Reid (U17M)	8:09	5
6	Inverclyde Athletic Club	27:00	Alexander James (U13B)	9:03	4	Louis Reid (U13B)	8:57	4	Charlie Lyne (U15B)	9:00	6
7	Garscube Harriers	27:18	Eric Ranford (U13B)	9:56	12	Ruben Stewart (U15B)	9:01	7	Connor Campbell (U17M)	8:21	7
8	East Kilbride Athletic Club	27:21	Owen Palmer (U13B)	9:56	13	Jack McMillan (U13B)	9:19	10	Ben Baillie (U17M)	8:06	8
9	Garscube Harriers	27:24	Jack Froggatt (U13B)	9:58	14	Sorley Gemmell (U15B)	9:19	11	Daniel Hendry (U17M)	8:07	9
10	Springburn Harriers	27:32	Harry Macaulay (U13B)	10:24	22	Thomas Fraser-Moodie (U13B)	9:11	15	Angus Fraser-Moodie (U17M)	7:57	10
11	Garscube Harriers	27:40	Ramsay Smith (U13B)	9:54	11	Elliott Tyler (U15B)	9:03	8	Kyle Thomson (U17M)	8:43	11
12	Giffnock North Athletics Club	27:54	James Gemmell (U13B)	10:18	21	Elias Wright (U15B)	9:33	16	Louie Muir (U17M)	8:03	12
13	Giffnock North Athletics Club	27:55	Josh Reid (U13B)	10:00	16	Ollie Macfarlane (U15B)	9:30	14	Matthew Hill (U17M)	8:25	13
14	Kilbarchan AAC	28:25	Dylan Condie (U13B)	10:06	18	Jay Jenkins (U15B)	9:19	13	Aj Campbell (U17M)	9:00	14
15	Cambuslang Harriers	28:43	Logan Jones (U13B)	9:52	10	Sam Greig (U15B)	10:13	20	John Frood (U17M)	8:38	15
16	Motherwell Athletics Club	28:43	Jared Nicol (U17M)	9:32	8	Connor McNamee (U13B)	9:47	12	Eoghan Connelly (U15B)	9:24	16
17	Giffnock North Athletics Club	29:02	Jacob Prentice (U13B)	9:59	15	Euan Moir (U13B)	10:24	22	Cameron Nugent (U17M)	8:39	17
18	Shettleston Harriers	29:21	Rio Biddlecombe (U13B)	9:24	6	Dominic Boyle (U13B)	10:29	18	Ciaran Curley (U15B)	9:28	18
19	Law & District AAC	29:27	Harrison Weir (U13B)	11:36	37	Jamie Mackie (U15B)	9:14	26	Cameron Chambers (U17M)	8:37	19
20	Victoria Park City of Glasgow AC	29:29	James MacLeod (U13B)	11:19	35	Andrew William Ross (U15B)	9:06	23	Jamie Turner (U17M)	9:04	20
21	Ayr Seaforth AC	29:31	Frankie Cherrie (U13B)	10:24	23	Riley Fulton (U15B)	8:46	9	Kieran Murphy (U17M)	10:21	21
22	Kilbarchan AAC	29:38	Blair Wright (U13B)	10:37	25	Nathaniel Gaston (U15B)	10:19	28	Finlay Mitchell (U17M)	8:42	22
23	Kilmarnock Harrier & Athletic Club	29:52	Murray Young (U13B)	10:11	19	Harris Steven (U15B)	9:44	19	Joseph Duff (U15B)	9:57	24
24	Cambuslang Harriers	29:52	Noah Midwinter (U13B)	11:08	31	Douglas Gallie (U13B)	10:08	31	Rory Barclay (U17M)	8:36	23
25	East Kilbride Athletic Club	29:56	Angus Fairbairn (U13B)	10:05	17	Calum McCormick (U13B)	10:42	25	Cameron Fraser (U17M)	9:09	25
26	Cambuslang Harriers	30:03	Niall Smith (U13B)	11:09	32	Ross Hubbert (U15B)	10:13	32	Angus O'Neil (U17M)	8:41	26
27	Giffnock North Athletics Club	30:16	Riley Rhicard (U13B)	10:40	26	Harry Tosh (U15B)	9:58	24	Patrick McGovern (U15B)	9:38	27
28	Shettleston Harriers	30:17	Louis Millican (U13B)	10:24	24	Matthew McEwan (U15B)	9:27	17	Thierry Giraud (U15B)	10:26	28
29	Garscube Harriers	30:56	Matthew Dempsey (U13B)	11:03	30	Jamie Little (U17M)	10:56	34	Ethan Tyler (U17M)	8:57	29
30	Kilmarnock Harrier & Athletic Club	31:11	Callum Curley (U13B)	11:12	33	Liam Hume (U15B)	9:53	29	Callum Oneill (U15B)	10:06	30
31	Calderglen Harriers	31:30	Luca MacArthur (U13B)	11:17	34	Hamish Anderson (U15B)	10:06	33	Robbie Rooney (U15B)	10:07	31
32	Garscube Harriers	31:31	Louis Runciman (U13B)	10:17	20	Hamish McGuigan (U13B)	12:21	36	Joe Butler (U17M)	8:53	32
33	Victoria Park City of Glasgow AC	32:14	Hugo Meikle (U13B)	10:49	27	Daniel Little (U13B)	13:09	40	Rhuairdh Laing (U17M)	8:16	33
34	Helensburgh Amateur Athletic Club	33:04	Gregor Sobers (U13B)	12:50	42	Seth Ritchie (U15B)	10:06	37	Bruno Sweeney (U15B)	10:08	34
35	Giffnock North Athletics Club	33:10	Ethan Rough (U13B)	11:59	40	Cain Martin (U13B)	10:28	35	Aaron Hamilton (U15B)	10:43	35
	Motherwell Athletics Club		Alexander Clark (U13B)	12:00	41						
	Kilbarchan AAC		Joshua McDonald (U13B)	11:48	38						
	Kilmarnock Harrier & Athletic Club		Corey Swain (U13B)	11:48	39	Ross Black (U15B)	11:55	39			
	Inverclyde Athletic Club		Leon Spirit-Hawthorne (U13B)	10:49	28	Sol Currie (U15B)	12:07	38			
	Kilmarnock Harrier & Athletic Club		Neil Parker (U13B)	11:34	36	Logan Peddie (U15B)	9:32	30			
	North Ayrshire Athletics Club		Riley Nimmo-Rayne (U13B)	10:57	29	Murray Graham (U13B)	9:58	27			
	Shettleston Harriers		Naod Woldeeslassie (U13B)	9:50	9	Tristan Giraud (U15B)	10:19	21			

Senior and Masters Women

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	Cambuslang Harriers	40:20	Grace Drummond (SW)	13:40	5	Holly Little (SW)	13:43	2	Eve MacKinnon (SW)	12:57	1
2	Glasgow University Hares and Hounds	41:12	Tuscany Wright (SW)	13:53	7	Rachel Muir (SW)	14:20	5	Emily McNicol (SW)	12:59	2
3	Kilbarchan AAC	41:23	Zara Redmond (SW)	13:06	1	Sarah Dempsey (SW)	14:00	1	Elsbeth Curran (SW)	14:17	3
4	Springburn Harriers	42:05	Naomi Giffen (SW)	15:03	17	Rachel Giffen (SW)	13:49	8	Catriona Gillen (SW)	13:13	4
5	Cambuslang Harriers	42:06	Zoe Pflug (SW)	13:23	4	Catriona Bain (SW)	14:36	4	Marie Kane (SW)	14:07	5
6	Inverclyde Athletic Club	42:06	Nynke Mulholland (SW)	13:16	3	Abi Hammerman (SW)	15:19	6	Meredith Reid (SW)	13:31	6
7	Shettleston Harriers	42:23	Clare Stewart (SW)	13:13	2	Charlotte McKenna (SW)	14:18	3	Avril Mason (W50)	14:52	7
8	Strathclyde University Harriers	42:34	Ines Curran (SW)	14:39	12	Kate Paul (SW)	14:29	10	Skye Rae (SW)	13:26	8
9	Glasgow University Hares and Hounds	42:57	Charlotte Macphie (SW)	13:44	6	Carla Barennes (SW)	15:11	9	Freya Griffiths (SW)	14:02	9
10	Bellahouston Harriers	44:40	Rosa Donaldson (SW)	14:11	8	Emily Renfrew (SW)	14:27	7	Katherine Hylands (SW)	16:02	10
11	Garscube Harriers	45:28	Lucy Donaldson (SW)	15:02	16	Maisie Blair (SW)	15:19	14	Nina Padmanabhan (SW)	15:07	11
12	Glasgow University Hares and Hounds	45:34	Laura Diana Jedrusiak (SW)	14:28	10	Ella Nicholson (SW)	15:12	11	Ruby McGill (SW)	15:54	12
13	Giffnock North Athletics Club	45:43	Catriona Bark (W40)	15:22	19	Hilary Carswell (W50)	15:59	19	Yvonne McNairn (W40)	14:22	13
14	Giffnock North Athletics Club	46:34	Emma Creasey (SW)	14:44	14	Rachael Niamh Hill (SW)	15:28	13	Debi Scott (SW)	16:22	14
15	Victoria Park City of Glasgow AC	46:39	Arianna Carmichael (SW)	14:11	9	Christine Mackie (SW)	16:27	16	Neve McArthur (SW)	16:01	15
16	Bellahouston Road Runners	46:47	Cara Thom (SW)	14:30	11	Emma Peters (SW)	16:10	17	Rebecca Crouney (SW)	16:07	16
17	Kilmarnock Harrier & Athletic Club	47:05	Eve Starritt (SW)	15:47	22	Lorna Baird (SW)	14:39	15	Morgan Mcburnie (SW)	16:39	17
18	Motherwell Athletics Club	47:54	Carla Brawley (SW)	15:54	24	Clare Grehn (SW)	16:15	22	Gayle Forbes (SW)	15:45	18
19	East Kilbride Athletic Club MAS	48:00	Amy Andrew (SW)	15:15	18	Kelly Baillie (W40)	15:34	18	Vivien Thorpe (W40)	17:11	19
20	Greenock Glenpark Harriers MAS	48:33	Jill Cox (W40)	14:43	13	Lorna Mitchell (W50)	16:56	20	Fiona Macfarlane (W40)	16:54	21
21	Garscube Harriers MAS	48:33	Mary Senior (W50)	15:47	23	Laura Gray (W40)	16:07	21	Martha Lovatt (W40)	16:39	20
22	Glasgow University Hares and Hounds	49:55	Izzy Caufield (SW)	16:10	27	Amy Crawford (SW)	16:48	24	Louisa Jones (SW)	16:57	22
23	Glasgow University Hares and Hounds	50:02	Robyn Abbie McKerracher (SW)	17:07	37	Gisell McCroskery (SW)	16:52	32	Jennifer Bonnyman (SW)	16:03	23
24	Bellahouston Road Runners	50:08	Pauline Wright (W50)	16:47	32	Leanne McIntosh (W40)	16:53	28	Claire Wharton (W50)	16:28	24
25	Glasgow University Hares and Hounds	50:15	Sadie Croasdale (SW)	17:15	38	Zoe Charters (SW)	16:48	34	Kiara Meiklejohn (SW)	16:12	25
26	West End Road Athletes	50:16	Eleanor Martin (SW)	18:17	50	Clare McKinlay (SW)	17:01	41	Ellie Jones (SW)	14:58	26
27	Ayr Seaford AC MAS	50:18	Gillian Hannah (W50)	17:46	42	Toni McIntosh (W40)	15:50	27	Gael Neill (W40)	16:42	27
28	Cambuslang Harriers	50:32	Emma Morris (W40)	15:40	21	Jennifer Campbell (W50)	17:33	26	Bernadette O Neil (W50)	17:19	28
29	Kilmarnock Harrier & Athletic Club	50:38	Kaitlin Vallance (SW)	16:52	34	Jennifer Beattie (W40)	16:18	25	Amanda Bryden (W40)	17:28	29
30	Giffnock North Athletics Club	50:42	Hannah Nisbit (SW)	15:27	20	Carolyn Datta (W40)	17:30	23	Jacqueline Campbell (W50)	17:45	30
31	Troon Tortoises Athletics Club	51:14	Diane McKinney (SW)	16:52	35	Heather Fraser (W40)	17:22	36	Susie Hubbard (W50)	17:00	31
32	Inverclyde Athletic Club	51:25	Louise Craig (SW)	17:30	40	Zoe Renfrew (SW)	16:46	37	Kay Greg (SW)	17:09	32
33	Strathclyde University Harriers	51:56	Grace Ferry (SW)	17:17	39	Morag Lynch (SW)	16:26	29	Sabine Jefcoate (SW)	18:13	33
34	Bellahouston Harriers	52:10	Julie Lynch (SW)	16:54	36	Jennifer Sarah Walker (W40)	16:58	30	Lauren Mackay (W40)	18:18	34
35	Bellahouston Road Runners	52:41	Kirsty Macfarlane (SW)	16:40	29	Stephanie Boyle (SW)	18:56	43	Flora Henry (SW)	17:05	35
36	Victoria Park City of Glasgow AC	52:41	Katie Piggot (W40)	16:40	30	Donna Finlayson (W40)	17:17	31	Louise Love (W50)	18:44	36
37	Garscube Harriers	53:32	Jennifer MacMahon (SW)	18:23	52	Alice Henderson (SW)	16:45	39	Catriona Padmanabhan (W50)	18:24	37
38	Calderglen Harriers	53:51	Claire Mcorley (SW)	17:30	41	Emma Carroll (SW)	17:46	40	Frances Ferguson (W60)	18:35	38
39	Glasgow University Hares and Hounds	54:36	Honey Morris (SW)	18:08	46	Ellie Wright (SW)	18:16	48	Alicia Chee (SW)	18:12	39
40	Motherwell Athletics Club	55:13	Angela O'Neill (W40)	18:14	49	Carla Dunn (SW)	18:08	47	Catherine Harvey (SW)	18:51	40
41	Westerlands Cross Country Club	55:31	Wiebke Lammers (W40)	19:38	55	Caroline Friel (W40)	17:05	50	Lynda Bennett (SW)	18:48	41
42	Kirkintilloch Olympians MAS	55:47	Marina McCallum (W50)	17:56	45	Ros O Sullivan (W60)	18:46	49	Ada Stewart (W60)	19:05	42
43	Bellahouston Road Runners	56:03	Laura Henderson (SW)	17:54	44	Alice Howe (SW)	18:24	46	Roz Wilson (W50)	19:45	43
44	Bellahouston Road Runners	56:11	Lynne Hamilton (W40)	18:19	51	Chi My Ta (W40)	19:20	53	Angela Eadie (W40)	18:32	44
45	Motherwell Athletics Club MAS	56:48	Lilly Jeffery (SW)	19:01	53	Kelly Shaw (W40)	19:50	56	Julie Perrie (SW)	17:57	45
46	West End Road Athletes	57:00	Grace Mackie (SW)	20:28	59	Paula Fernandez Palanca (SW)	18:47	58	Hannah Mearns (SW)	17:45	46
47	Troon Tortoises Athletics Club	57:08	Jelena Kerr (SW)	20:30	60	Elaine Warr (W50)	18:30	57	Anne Noble (W60)	18:08	47
48	Greenock Glenpark Harriers	57:10	Ashley Anderson (SW)	16:02	26	Rebecca McCluckie (SW)	20:01	45	Rachael McDaid (SW)	21:07	48
49	Inverclyde Athletic Club MAS	57:58	Faye Currie (W40)	19:54	56	Kim Law (W50)	18:33	55	Anna McDougall (W40)	19:31	49
50	Greenock Glenpark Harriers MAS	58:10	Cheryl Thomas (W40)	19:12	54	Clare Leung (W40)	18:14	52	Lynsey Mooney (W40)	20:44	50
51	Glasgow University Hares and Hounds	58:34	Abby Ash (SW)	18:11	47	Bella Raso (SW)	19:02	51	Lucy Everett (SW)	21:21	51
52	Garscube Harriers MAS	59:34	Alison Rutherford (W40)	18:11	48	Morag Casey (W50)	19:54	54	Laura Espada Castro (W40)	21:29	52
53	Greenock Glenpark Harriers MAS	1:03:32	Lorna Macmillan (W60)	20:26	58	Monika Fischer-Keogh (W50)	21:39	60	Maureen Doherty (W50)	21:27	53

Senior and Masters Women

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
	Inverclyde Athletic Club MAS		Collette Mcgeehan (W50)	21:20	63	Pamela Jamieson-Smith (W40)					
	Bellahouston Road Runners MAS		Lynne Goldie (W50)	21:00	62	Alison Brown (W60)					
	Kirkintilloch Olympians		Catriona Cameron (SW)	20:41	61	Shirley MacNab (W60)					
	Bellahouston Harriers		Injured Athlete (SW)	20:00	57	Lisa Robertson (SW)	19:43	59			
	Victoria Park City of Glasgow AC		Amy Bristow (SW)	15:58	25	Louise Cownie (W40)	19:56	44			
	Ayr Seaforth AC		Emma Steele (SW)	17:47	43	Lauren Harrison (SW)	17:45	42			
	Cambuslang Harriers		Rachel Wardrope (SW)	16:44	31	Natalie Muir (SW)	17:49	38			
	Garscube Harriers MAS		Diane Clark (W40)	16:48	33	Debbie Martin-Consani (W50)	17:25	35			
	Kilbarchan AAC		Rosalind Teasdale (W40)	16:20	28	Cristina Niciu (W40)	17:39	33			
	Shettleston Harriers		Ruth Joss (SW)	14:53	15	Hannah Terrance (SW)	15:11	12			

Masters Women

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos
1	East Kilbride Athletic Club MAS	48:00	Amy Andrew (SW)	15:15	2	Kelly Baillie (W40)	15:34	3	Vivien Thorpe (W40)	17:11	1
2	Greenock Glenpark Harriers MAS	48:33	Jill Cox (W40)	14:43	1	Lorna Mitchell (W50)	16:56	4	Fiona Macfarlane (W40)	16:54	2
3	Garscube Harriers MAS	48:33	Mary Senior (W50)	15:47	3	Laura Gray (W40)	16:07	5	Martha Lovatt (W40)	16:39	3
4	Ayr Seaforth AC MAS	50:18	Gillian Hannah (W50)	17:46	5	Toni McIntosh (W40)	15:50	6	Gael Neill (W40)	16:42	4
5	Kirkintilloch Olympians MAS	55:47	Marina McCallum (W50)	17:56	6	Ros O Sullivan (W60)	18:46	8	Ada Stewart (W60)	19:05	5
6	Motherwell Athletics Club MAS	56:48	Lilly Jeffery (SW)	19:01	8	Kelly Shaw (W40)	19:50	12	Julie Perrie (SW)	17:57	6
7	Inverclyde Athletic Club MAS	57:58	Faye Currie (W40)	19:54	10	Kim Law (W50)	18:33	11	Anna McDougall (W40)	19:31	7
8	Greenock Glenpark Harriers MAS	58:10	Cheryl Thomas (W40)	19:12	9	Clare Leung (W40)	18:14	9	Lynsey Mooney (W40)	20:44	8
9	Garscube Harriers MAS	59:34	Alison Rutherford (W40)	18:11	7	Morag Casey (W50)	19:54	10	Laura Espada Castro (W40)	21:29	9
10	Greenock Glenpark Harriers MAS	1:03:32	Lorna Macmillan (W60)	20:26	11	Monika Fischer-Keogh (W50)	21:39	13	Maureen Doherty (W50)	21:27	10
	Inverclyde Athletic Club MAS		Collette Mcgeehan (W50)	21:20	13	Pamela Jamieson-Smith (W40)					
	Bellahouston Road Runners MAS		Lynne Goldie (W50)	21:00	12	Alison Brown (W60)					
	Garscube Harriers MAS		Diane Clark (W40)	16:48	4	Debbie Martin-Consani (W50)	17:25	7	Kathryn Scott (W60)		

Senior and Masters Men

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Cambuslang Harriers	45:22	Gavin Smith (SM)	11:16	2	Kevan Harvey (SM)	11:26	2	Jamie Mackinnon (SM)	11:10	1	Andrew McGill (SM)	11:30	1
2	Kilbarchan AAC	45:49	Jack Patton (SM)	11:07	1	Fraser Gilmour (SM)	11:21	1	Robbie Ferguson (SM)	11:35	2	Lewis Hannigan (SM)	11:46	2
3	Inverclyde Athletic Club	45:57	Ryan Gray (SM)	11:28	5	John Bell (SM)	11:39	4	Ross Gray (SM)	11:53	4	Ben Potrykus (SM)	10:57	3
4	Giffnock North Athletics Club	46:04	Nikolai Gajić (SM)	11:30	7	Jamie Connor (SM)	11:28	3	Alasdair Maclean (SM)	11:29	3	Ross O'Brien (SM)	11:37	4
5	Shettleston Harriers	47:24	Luke Howard (SM)	12:03	12	Daniel Bradford (SM)	12:05	8	Sam Lesley (SM)	12:11	7	Jamie Burns (SM)	11:05	5
6	Glasgow University Hares and Hounds	47:35	Elliot Frame (SM)	12:20	16	Glen Griffiths (SM)	11:48	9	Andrew Carey (SM)	11:36	5	Seonaidh MacInnes (SM)	11:51	6
7	Strathclyde University Harriers	48:12	Ben Seath (SM)	11:45	8	Iain Jordan (SM)	11:30	5	Joshua Mirtle (SM)	12:37	6	Euan Bell (SM)	12:20	7
8	Greenock Glenpark Harriers	48:28	Lewis McCrae (SM)	12:02	11	Stephen Trainer (SM)	12:12	12	Andrew McCall (SM)	12:33	11	Dylan Crawford (SM)	11:41	8
9	Cambuslang Harriers	48:41	Sam McCarthy (SM)	12:07	13	Rory Muir (SM)	11:53	7	Grant Sheldon (SM)	12:24	8	Lewis Roddis (SM)	12:17	9
10	East Kilbride Athletic Club	48:48	John Fergusson (SM)	11:53	10	Jack Kirwan (SM)	12:41	15	Patrick Mochan (SM)	12:16	12	Grant Baillie (M40)	11:58	10
11	Glasgow University Hares and Hounds	49:01	Oscar Logan (SM)	12:12	14	Zac Meiklejohn (SM)	12:04	13	Finlay Raynor (SM)	12:12	9	Fergus Currie (SM)	12:33	11
12	Bellahouston Harriers	49:19	Alasdair Campbell (SM)	11:49	9	Rhys Williams (SM)	12:34	14	Fraser Armstrong (SM)	12:30	13	Matthew O'Brien (SM)	12:26	12
13	Glasgow University Hares and Hounds	50:12	Luke McDowell (SM)	12:12	15	Cameron Fordyce (SM)	12:01	11	Lewis Davidson (SM)	12:58	14	Hugh Loneragan (SM)	13:01	13
14	Giffnock North Athletics Club	50:28	Alasdair Nugent (SM)	11:19	3	Conor Drummond (SM)	12:22	6	Nicholas Boyle (SM)	13:03	10	Donald MacLean (SM)	13:44	14
15	Kilbarchan AAC	50:35	Ewan McKerral (SM)	11:28	6	Andrew Shorts (SM)	12:44	10	Euan McCracken (M40)	13:11	15	Stuart Kerr (SM)	13:12	15
16	Cambuslang Harriers MAS	51:14	Arthur Calnan (M40)	12:57	24	Iain MacCorquodale (M40)	12:52	20	Stuart Gibson (M40)	13:05	19	Colin Reilly (M40)	12:20	16
17	Kilmarnock Harrier & Athletic Club	51:32	Jonathon Downey (SM)	11:26	4	David McClure (M40)	13:18	16	Owen Walpole (SM)	13:02	16	Graeme Quinn (SM)	13:46	17
18	East Kilbride Athletic Club	51:49	Andrew Forteach (M40)	12:34	19	Jonathan Hunter (SM)	13:10	19	Sam Hosie (SM)	13:24	20	David Ross (M40)	12:41	18
19	Bellahouston Road Runners	52:07	Alan Moss (M40)	13:54	40	Calum Borthwick (SM)	12:56	28	Paul McNairn (M40)	13:00	23	Oscar Coetzee (M40)	12:17	19
20	Garscube Harriers	52:31	Daniel Owens (SM)	13:01	26	James Wilkes (SM)	12:33	17	Gavin Spence (SM)	13:00	17	Mattia Mancinelli (SM)	13:57	20
21	Westerlands Cross Country Club	53:10	Drew Carr (SM)	12:45	21	Robert Hamlin (SM)	12:52	18	Conor Kenny (SM)	13:54	21	Ross Anderson (SM)	13:39	22
22	Strathclyde University Harriers	53:10	Angus Henderson (SM)	12:21	17	Ruaraidh Drennan (SM)	13:43	22	Matthew Sweeney (SM)	12:47	18	Gabriel Murphy (SM)	14:19	21
23	Kilbarchan AAC	53:44	Ruaridh Miller (SM)	12:27	18	Finn Fowler (SM)	13:58	24	Lewis Stevenson (SM)	13:11	22	Ryan Knights (SM)	14:08	23
24	Victoria Park City of Glasgow AC	54:25	Allan Cameron (M50)	13:18	30	Cameron Mackie (SM)	13:27	27	Graeme Laing (M40)	13:44	26	Noel Slevin (SM)	13:56	24
25	Inverclyde Athletic Club MAS	54:26	Alan Callan (M40)	13:03	27	Peter Tucker (M40)	14:06	32	Chris Hunter (M50)	13:38	29	Jon Hammerman (M40)	13:39	25
26	Irvine Running Club	54:34	Owen McWilliams (SM)	13:57	41	Evan Clark (SM)	13:16	33	Mark Livingstone (M50)	13:51	31	William Morgan (SM)	13:30	26
27	Inverclyde Athletic Club	54:51	Sean Gaffney (SM)	14:02	43	Greg Williams (SM)	13:04	31	Jason Kane (SM)	13:32	28	Thomas Jamieson (M40)	14:13	27
28	Cambuslang Harriers MAS	54:51	Mark Gallacher (M50)	12:59	25	Justin Carter (M50)	13:07	23	Walter Henderson (M50)	13:59	24	David Thom (M60)	14:46	28
29	Motherwell Athletics Club	55:13	Paul Burns (M40)	13:19	31	Christopher Macdonald (SM)	12:35	21	Evan Crane (M40)	14:34	25	James Nicol White (M40)	14:45	29
30	Glasgow University Hares and Hounds	55:20	Matthew Fisher (SM)	13:36	36	Wilbur Mansell (SM)	13:44	34	John Poole (SM)	14:05	33	Gregory Woodward (SM)	13:55	30
31	Greenock Glenpark Harriers	55:30	Oliver Reilly (SM)	13:42	38	Aaron Fullarton (SM)	15:08	43	Michael Joseph McLoone (SM)	13:47	38	Lewis Khan (SM)	12:53	31
32	Cambuslang Harriers	55:42	Owen Leach (SM)	12:53	23	Tom Adams (SM)	13:57	29	Kevin Farmer (SM)	15:02	34	Lewis Anderson (SM)	13:50	32
33	Shettleston Harriers MAS	55:48	Ronald Strachan (M40)	13:23	32	Iain Burns (M40)	13:09	26	Mark Mccoll (M40)	14:38	32	Denis Williams (M60)	14:38	33
34	Ayr Seaforth AC	56:35	Ben Forrest (SM)	13:23	33	Joseph Burns (M50)	14:32	36	Kenneth Neill (M40)	12:53	30	Alasdair Meldrum (M50)	15:47	34
35	Glasgow University Hares and Hounds	56:38	Callum Husband (SM)	14:02	44	Callum Thompson (SM)	14:27	41	Dan De Luca (SM)	14:01	37	Barnaby Sharifi (SM)	14:08	35
36	Springburn Harriers	56:44	Teame Tewelde Habtu (M40)	13:10	28	Cal Haddow-McKitterick (SM)	14:59	39	Cieron Hadfield (SM)	14:16	36	Andy Norris (M40)	14:19	36
37	Greenock Glenpark Harriers MAS	56:45	Daniel Doherty (M40)	14:10	46	Gavin Morrison (M50)	15:03	46	Michael McLoone (M60)	14:12	41	Steven Campbell (M50)	13:20	37
38	Shettleston Harriers	56:56	Cameron Sharp (SM)	13:30	35	John J Duffy (M60)	15:23	44	John Oates (M60)	15:32	45	Tom Porter (SM)	12:31	38
39	Garscube Harriers	56:56	John G McLaughlin (M50)	14:04	45	Andy Downey (M50)	15:26	49	Mykola Kulakov (M40)	14:13	42	John Coyle (M50)	13:13	39
40	Law & District AAC	57:43	Ryan Kellock (SM)	12:36	20	Ross Hill (SM)	14:29	30	Grant Mackenzie (SM)	13:25	27	Mark Milligan (M50)	17:13	40
41	Bellahouston Harriers	57:46	Lee Shaw (SM)	13:15	29	Graeme Gemmell (M60)	15:05	40	Matthew Brown (SM)	13:50	35	Andrew Fairlie (M40)	15:36	41
42	West End Road Athletes MAS	58:03	Graeme Jack (M60)	15:00	54	Allen Campbell (M50)	15:59	57	James Corden (SM)	14:16	47	Stephen Brown (M40)	12:48	42
43	Kilmarnock Harrier & Athletic Club MAS	58:44	Nicholas Carter (M40)	15:09	57	John Speirs (M50)	14:09	47	David Anderson (M50)	14:59	44	Greig Glendinning (M50)	14:27	43
44	Clydesdale Harriers	58:50	Michael Miller (SM)	12:51	22	Iain Robertson (M40)	14:32	35	Tom Humphrey (SM)	15:38	39	Graeme Wiseman (M50)	15:49	44
45	East Kilbride Athletic Club MAS	1:00:08	Gary Lyon (M40)	15:24	59	Ian Benson (SM)	13:42	45	Keith Charters (M60)	15:08	43	Arthur Mulholland (M60)	15:54	45
46	Westerlands Cross Country Club	1:00:26	James Bryson (SM)	14:12	47	Alasdair Duke (M40)	16:08	54	Daniel Williams (SM)	15:02	48	Malcolm Wilson (SM)	15:04	46
47	Glasgow University Hares and Hounds	1:00:36	Dylan Cherruault (SM)	13:24	34	Reuben Macintyre (SM)	14:40	37	Sam Grivell (SM)	16:52	46	Maximilian MacDonald (SM)	15:40	47
48	East Kilbride Athletic Club	1:00:37	Jamie McCaskell (SM)	13:37	37	Luke Kirwan (SM)	17:56	60	Niall Walker (SM)	14:40	52	Jamie Clements (SM)	14:24	48
49	Westerlands Cross Country Club MAS	1:01:08	Don Reid (M60)	15:43	62	Scott Henderson (M40)	13:39	48	Steven Leith (M40)	16:34	51	Daniel Price (M40)	15:12	49
50	Helensburgh Amateur Athletic Club	1:01:10	Allan Mackenzie (SM)	14:00	42	Craig Binnie (M40)	14:43	42	Michael Sweeney (M40)	14:29	40	Ian Brown (M60)	17:58	50

Senior and Masters Men

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
51	Calderglen Harriers	1:01:50	Jason Grant (M40)	15:55	63	Andrew Higgins (SM)	15:48	61	Iain Maclean (M60)	16:00	56	Kai Wheeler (SM)	14:07	51
52	Troon Tortoises Athletics Club	1:02:17	Matt Pearce (M50)	15:11	58	Lee McFadzean (SM)	16:19	59	John McCabe (M60)	15:01	53	George Coles (SM)	15:46	52
53	Irvine Running Club	1:02:26	Colin Weir (M40)	15:07	56	Mark Sands (M40)	14:34	50	Colin Miller (M40)	15:59	49	Colin Miller (M60)	16:46	53
54	Clydesdale Harriers	1:03:11	Ryan Nelson (SM)	17:26	76	Michael Diver (M50)	15:58	70	Daniel Docherty (SM)	16:38	60	Lewis Rider (SM)	13:09	54
55	Glasgow FrontAthletes	1:03:18	Edmund White (M40)	15:04	55	Iain Newman (SM)	16:52	62	Scott Jasnosz-Clark (M40)	16:46	57	Ross Milne (SM)	14:36	55
56	Motherwell Athletics Club	1:03:30	Scott Dickson (SM)	16:02	64	Grant Fawcett (M50)	15:55	63	David Moffat (SM)	15:44	55	Daryl Rea (SM)	15:49	56
57	Kilmarnock Harrier & Athletic Club	1:04:26	Rory Morris (SM)	14:45	52	Paul Black (M40)	16:03	55	Gordon Sandler (M60)	16:06	54	Murray McDonald (SM)	17:32	57
58	Bellahouston Road Runners MAS	1:04:34	Christophe Valtier (M40)	16:49	73	Kenny McDonald (M50)	17:04	72	Thomas Thorne (M40)	16:18	61	Kevin Queenan (M50)	14:23	58
59	Garscube Harriers	1:06:12	Duncan McKellar (M40)	14:20	48	John Murray (M50)	15:49	53	Norman Baillie (M70)	19:27	58	Anthony McGale (M50)	16:36	59
60	Bellahouston Harriers	1:07:03	James McLaughlin (M50)	16:33	70	Lee Graham (M50)	17:37	73	Kevin Smith (M60)	17:10	65	Barry Mitchell (M40)	15:43	60
61	Motherwell Athletics Club MAS	1:08:06	Derek O'Neill (M40)	16:10	65	Shane Semple (M40)	16:38	67	Gary Arthur (SM)	17:42	62	David Hoolaghan (M40)	17:36	61
62	Bellahouston Harriers	1:09:52	Graham Marshall (M40)	17:05	74	Alastair Patience (M50)	17:33	77	John Cunningham (M50)	17:31	67	David Carson (SM)	17:43	62
63	Motherwell Athletics Club	1:09:58	Brian McLinden (M70)	16:45	72	Graeme Kennedy (M60)	17:29	75	Stuart Macgregor (M50)	17:33	66	John Burns (M60)	18:11	63
64	East Kilbride Athletic Club MAS	1:10:20	Michael Carlin (M40)	16:37	71	Graeme Haddow (M60)	16:38	69	Gordon Colvin (M60)	17:37	63	Vincent Glennon (M50)	19:28	64
65	Motherwell Athletics Club MAS	1:10:40	Stephen Pollock (M50)	17:38	77	Alastair Loudon (M40)	16:34	74	Matthew Greany (SM)	18:21	68	Colin Gardner (M50)	18:07	65
	Garscube Harriers		Stuart Irvine (M70)	22:28	80									
	Dumbarton Amateur Athletics Club		Christopher Haines (SM)	16:18	69	Trevor Cockerell (M50)	18:28	78						
	West End Road Athletes MAS		Paul Toland (M40)	17:41	78	Jonathan Macdonald (M50)	16:54	76						
	Victoria Park City of Glasgow AC		John Carty (M40)	18:05	79	Adam Griffith (SM)	15:02	68						
	Springburn Harriers MAS		Alan Brownlie (M60)	16:11	66	Paul Wilson (M40)	16:24	65						
	Giffnock North Athletics Club		Rob Crusher (M60)	16:12	67	Scott Kelman (SM)	15:45	64						
	Kilbarchan AAC		Ryan Fitzpatrick (SM)	14:25	50	Rachid Senouci (SM)	16:34	58						
	Cambuslang Harriers		Christopher Cox (SM)	14:56	53	Ross Noble (SM)	15:04	52						
	Campbeltown Running Club		Alan Anderson (M40)	14:40	51	Stuart McGeachy (M40)	13:27	38						
	Kirkintilloch Olympians		Ruairi Ferris (SM)	13:51	39	Andrew Kirk (SM)	12:37	25						
	Calderglen Harriers		Robert Pattinson (M50)	16:14	68	Gordon McNally (M50)	17:17	71	Russell Couper (M60)	22:16	70			
	Garscube Harriers		Steven Johnston (SM)	15:36	61	Lewis Sinclair (SM)	15:22	56	Steven Currie (M40)	21:55	69			
	Cambuslang Harriers MAS		Iain Wallace (M50)	15:29	60	Iain Crawford (M50)	17:13	66	Mohamed Reyad (M40)	18:19	64			
	Greenock Glenpark Harriers		Steven Smith (M50)	17:21	75	Alan O'Rourke (M50)	17:33	79	Christopher Mooney (M40)	15:01	59			
	Glasgow University Hares and Hounds		Miles Leitao (SM)	14:20	49	Peter Stobart (SM)	15:37	51	Hamza Daudali (SM)	15:53	50			

Masters Men

Pos	Team Name	Time	Athlete	Leg1	Pos	Athlete	Leg2	Pos	Athlete	Leg3	Pos	Athlete	Leg4	Pos
1	Cambuslang Harriers MAS	51:14	Arthur Calnan (M40)	12:57	1	Iain MacCorquodale (M40)	12:52	1	Stuart Gibson (M40)	13:05	1	Colin Reilly (M40)	12:20	1
2	Inverclyde Athletic Club MAS	54:26	Alan Callan (M40)	13:03	3	Peter Tucker (M40)	14:06	4	Chris Hunter (M50)	13:38	3	Jon Hammerman (M40)	13:39	2
3	Cambuslang Harriers MAS	54:51	Mark Gallacher (M50)	12:59	2	Justin Carter (M50)	13:07	2	Walter Henderson (M50)	13:59	2	David Thom (M60)	14:46	3
4	Shettleston Harriers MAS	55:48	Ronald Strachan (M40)	13:23	4	Iain Burns (M40)	13:09	3	Mark Mccoll (M40)	14:38	4	Denis Williams (M60)	14:38	4
5	Greenock Glenpark Harriers MAS	56:45	Daniel Doherty (M40)	14:10	5	Gavin Morrison (M50)	15:03	6	Michael McLoone (M60)	14:12	5	Steven Campbell (M50)	13:20	5
6	West End Road Athletes MAS	58:03	Graeme Jack (M60)	15:00	6	Allen Campbell (M50)	15:59	9	James Corden (SM)	14:16	8	Stephen Brown (M40)	12:48	6
7	Kilmarnock Harrier & Athletic Club MAS	58:44	Nicholas Carter (M40)	15:09	7	John Speirs (M50)	14:09	7	David Anderson (M50)	14:59	7	Greig Glendinning (M50)	14:27	7
8	East Kilbride Athletic Club MAS	1:00:08	Gary Lyon (M40)	15:24	8	Ian Benson (SM)	13:42	5	Keith Charters (M60)	15:08	6	Arthur Mulholland (M60)	15:54	8
9	Westerlands Cross Country Club MAS	1:01:08	Don Reid (M60)	15:43	10	Scott Henderson (M40)	13:39	8	Steven Leith (M40)	16:34	9	Daniel Price (M40)	15:12	9
10	Bellahouston Road Runners MAS	1:04:34	Christophe Valtier (M40)	16:49	14	Kenny McDonald (M50)	17:04	14	Thomas Thorne (M40)	16:18	10	Kevin Queenan (M50)	14:23	10
11	Motherwell Athletics Club MAS	1:08:06	Derek O'Neill (M40)	16:10	11	Shane Semple (M40)	16:38	12	Gary Arthur (SM)	17:42	11	David Hoolaghan (M40)	17:36	11
12	East Kilbride Athletic Club MAS	1:10:20	Michael Carlin (M40)	16:37	13	Graeme Haddow (M60)	16:38	13	Gordon Colvin (M60)	17:37	12	Vincent Glennon (M50)	19:28	12
13	Motherwell Athletics Club MAS	1:10:40	Stephen Pollock (M50)	17:38	15	Alastair Loudon (M40)	16:34	15	Matthew Greany (SM)	18:21	14	Colin Gardner (M50)	18:07	13
	West End Road Athletes MAS		Paul Toland (M40)	17:41	16	Jonathan Macdonald (M50)	16:54	16						
	Springburn Harriers MAS		Alan Brownlie (M60)	16:11	12	Paul Wilson (M40)	16:24	10						
	Cambuslang Harriers MAS		Iain Wallace (M50)	15:29	9	Iain Crawford (M50)	17:13	11	Mohamed Reyad (M40)	18:19	13			

Rank	Athlete	Club	Time	Leg
1	Lucy Tonner (U15G)	Giffnock North Athletics Club	9:06	2
2	Lucy Taylor (U17W)	Law & District AAC	9:09	3
3	Holly Simpson (U17W)	Giffnock North Athletics Club	9:19	3
3	Millie Gairn (U17W)	Airdrie Harriers	9:19	3
5	Eve Cameron (U15G)	Giffnock North Athletics Club	9:20	2
6	Grace Barry (U17W)	Inverclyde Athletic Club	9:21	3
7	Olivia Lyne (U15G)	Inverclyde Athletic Club	9:29	2
8	Lola Finningan (U15G)	North Ayrshire Athletics Club	9:32	3
9	Abbie Boyle (U13G)	Law & District AAC	9:35	1
10	Zoe Baillie (U15G)	East Kilbride Athletic Club	9:37	2
11	Isabella Wilson (U17W)	Giffnock North Athletics Club	9:38	3
12	Anna Elizabeth Ross (U17W)	Victoria Park City of Glasgow AC	9:42	3
13	Lucy Mcghie (U17W)	Giffnock North Athletics Club	9:43	3
13	Brooke Walker (U15G)	Cambuslang Harriers	9:43	3
15	Nuala Munro (U15G)	Inverclyde Athletic Club	9:48	2
15	Nina Spirit-Hawthorne (U17W)	Inverclyde Athletic Club	9:48	3
17	Emy Finnigan (U15G)	North Ayrshire Athletics Club	9:50	2
17	Ava Barrie (U15G)	Ayr Seaforth AC	9:50	2
19	Eilidh Caldwell (U17W)	Giffnock North Athletics Club	9:53	3
20	Florence Skinner (U15G)	Garscube Harriers	9:59	2
21	Amy Gallagher (U17W)	Giffnock North Athletics Club	10:00	3
22	Caitlin Cameron Laing (U13G)	Victoria Park City of Glasgow AC	10:01	2
22	Erika Tait (U15G)	Giffnock North Athletics Club	10:01	2
24	Cara McDougall (U15G)	Inverclyde Athletic Club	10:03	3
25	Lola Campton (U13G)	Victoria Park City of Glasgow AC	10:04	1
26	Rosie Callan (U13G)	Inverclyde Athletic Club	10:06	1
27	Megan Haggarty (U15G)	Kilmarnock Harrier & Athletic Club	10:07	2
27	Matilda Frew (U17W)	East Kilbride Athletic Club	10:07	3
29	Emma Birrell (U15G)	Giffnock North Athletics Club	10:08	2
30	Emma Nicholson (U15G)	Giffnock North Athletics Club	10:09	2
31	Kira Mitchell (U13G)	Kilbarchan AAC	10:10	1
32	Eilidh Wilson (U17W)	Garscube Harriers	10:12	3
33	Chloe Simpson (U15G)	Giffnock North Athletics Club	10:15	2
34	Allyssa Bennet (U13G)	Law & District AAC	10:16	2
35	Millie Taylor (U13G)	Airdrie Harriers	10:17	1
36	Libby Brown (U13G)	Kilmarnock Harrier & Athletic Club	10:18	1
37	Charlotte Buchanan (U13G)	Calderglen Harriers	10:20	1
38	Emily Ng (U13G)	Ayr Seaforth AC	10:23	1
38	Lexie Boyd (U13G)	Law & District AAC	10:23	1
38	Emily Taylor (U15G)	Law & District AAC	10:23	2
38	Mia Tomb (U15G)	Giffnock North Athletics Club	10:23	2
38	Willow Challis (U15G)	Ayr Seaforth AC	10:23	2
43	Anna Macfarlane (U13G)	Giffnock North Athletics Club	10:25	1
43	Dalidh Logg (U13G)	Ayr Seaforth AC	10:25	1
43	Madeline Curley (U15G)	Kilmarnock Harrier & Athletic Club	10:25	3
46	Isla Milligan (U15G)	Ayr Seaforth AC	10:29	3
47	Charlotte Reilly (U15G)	Shettleston Harriers	10:31	2
48	Rowan Lennox (U13G)	Shettleston Harriers	10:32	1
49	Iris Jackson (U13G)	Giffnock North Athletics Club	10:35	1
50	Olivia Gavin (U15G)	Giffnock North Athletics Club	10:36	2

Rank	Athlete	Club	Time	Leg
51	Grace Frood (U13G)	Law & District AAC	10:38	2
52	Cara Gilmartin (U15G)	Kilmarnock Harrier & Athletic Club	10:41	2
53	Abbie Gallagher (U13G)	Giffnock North Athletics Club	10:42	1
54	Ava Starrs (U13G)	Cambuslang Harriers	10:43	1
54	Lucy Neilson (U17W)	Inverclyde Athletic Club	10:43	3
56	Rebecca McCulloch (U13G)	Kilbarchan AAC	10:44	1
56	Anna Hill (U15G)	Giffnock North Athletics Club	10:44	3
58	Helena Wotherspoon (U13G)	Law & District AAC	10:47	1
58	Freya Jarvie (U13G)	Victoria Park City of Glasgow AC	10:47	2
60	Amelie Kerr (U17W)	Kilbarchan AAC	10:49	3
60	Beth Adams (U17W)	Giffnock North Athletics Club	10:49	3
62	Katie Rankin (U15G)	Victoria Park City of Glasgow AC	10:52	2
62	Neive Mack (U15G)	Kilbarchan AAC	10:52	2
62	Lotty Martin (U15G)	Giffnock North Athletics Club	10:52	3
65	Lucy Preiss (U15G)	Kilbarchan AAC	10:53	2
65	Daisy De Lange (U15G)	Kilbarchan AAC	10:53	2
65	Zoe Barber (U15G)	Kilmarnock Harrier & Athletic Club	10:53	3
68	Anna Shearer (U13G)	Inverclyde Athletic Club	10:54	1
68	Rebecca Adams (U13G)	Giffnock North Athletics Club	10:54	1
70	Louisa Fraser-Moodie (U15G)	Springburn Harriers	10:56	3
71	Megan Birnie (U13G)	Garscube Harriers	10:57	1
72	Kaiti McCue (U13G)	North Ayrshire Athletics Club	10:58	1
72	Holly Macintosh (U13G)	Giffnock North Athletics Club	10:58	1
74	Jessica Caskie (U13G)	East Kilbride Athletic Club	10:59	1
74	Caoimhe McNulty (U13G)	Springburn Harriers	10:59	1
74	Emma Locke (U17W)	Shettleston Harriers	10:59	3
77	Frejya Mcewan (U13G)	Kilbarchan AAC	11:01	1
77	Emily Watt (U13G)	Kilbarchan AAC	11:01	1
79	Olivia Avdias (U15G)	Victoria Park City of Glasgow AC	11:02	2
79	Sophie Friel (U15G)	Victoria Park City of Glasgow AC	11:02	3
81	Lacey Naismith (U13G)	Kilmarnock Harrier & Athletic Club	11:03	1
82	Isabella Black (U13G)	Giffnock North Athletics Club	11:07	1
83	Beth Wells (U15G)	Springburn Harriers	11:09	2
84	Molly Baxter (U17W)	Law & District AAC	11:11	3
85	Frances McFadden (U13G)	Inverclyde Athletic Club	11:12	1
85	Anna Clark (U17W)	Victoria Park City of Glasgow AC	11:12	3
87	Freya Lindsay (U13G)	Victoria Park City of Glasgow AC	11:14	1
87	Boston Cannon (U13G)	Inverclyde Athletic Club	11:14	1
87	Georgia McMahon (U13G)	Airdrie Harriers	11:14	2
90	Bridget Walsh (U13G)	Kilbarchan AAC	11:18	2
91	Olivia Cooper (U17W)	Kilbarchan AAC	11:19	3
91	Skye Gilmour (U17W)	East Kilbride Athletic Club	11:19	3
93	Elspeth Thorpe (U15G)	East Kilbride Athletic Club	11:23	2
94	Freya Mearns (U15G)	Giffnock North Athletics Club	11:26	2
95	Anna Hughes (U13G)	Victoria Park City of Glasgow AC	11:28	1
96	Lucy Corns (U17W)	Law & District AAC	11:31	3
96	Phoebe Bonham (U15G)	Victoria Park City of Glasgow AC	11:31	3
98	Susanna Robertson (U13G)	Victoria Park City of Glasgow AC	11:32	1
99	Ella Buckley (U15G)	Giffnock North Athletics Club	11:34	3
100	Rosa Currie (U13G)	Inverclyde Athletic Club	11:38	2

Rank	Athlete	Club	Time	Leg
101	Aimee Agnew (U15G)	Giffnock North Athletics Club	11:41	3
102	Jess Brown (U13G)	Kilmarnock Harrier & Athletic Club	11:42	1
102	Zoe Brown (U13G)	Kilmarnock Harrier & Athletic Club	11:42	1
104	Breagha Cannon (U13G)	Inverclyde Athletic Club	11:43	2
105	Rebecca Pew (U13G)	East Kilbride Athletic Club	11:45	1
106	Lucy Campbell (U15G)	Kilmarnock Harrier & Athletic Club	11:46	2
107	Charlotte Gebbie (U17W)	Kilmarnock Harrier & Athletic Club	11:49	3
108	Martha Ling (U13G)	Giffnock North Athletics Club	11:55	1
108	Ellie McCue (U13G)	Cambuslang Harriers	11:55	1
110	Hannah Reid (U15G)	Giffnock North Athletics Club	11:56	2
111	Emily Robinson (U15G)	Kilmarnock Harrier & Athletic Club	12:02	1
112	Laurie McAlpine (U17W)	Ayr Seaforth AC	12:04	3
113	Lucy Gray (U15G)	Cambuslang Harriers	12:06	2
114	Charlotte Hughes (U15G)	Victoria Park City of Glasgow AC	12:08	2
115	Masie Bain (U15G)	Kilbarchan AAC	12:15	3
116	Emma Bain (U17W)	Kilmarnock Harrier & Athletic Club	12:23	3
117	Amelia Gallagher (U13G)	Giffnock North Athletics Club	12:35	1
118	Zoë Thomson (U15G)	Garscube Harriers	12:37	2
119	Zoey McLeod (U13G)	Garscube Harriers	12:46	1
120	Kate Johnstone (U13G)	Giffnock North Athletics Club	12:48	1
120	Lucy Rooney (U13G)	Calderglen Harriers	12:48	2
122	Quinn Allan (U13G)	Victoria Park City of Glasgow AC	12:58	1
123	Orlagh Rooney (U17W)	Calderglen Harriers	13:11	3
124	Katie Russell (U13G)	Giffnock North Athletics Club	13:30	1
125	Emily Martin (U15G)	Kilmarnock Harrier & Athletic Club	13:35	2
126	Rebecca McNulty (U17W)	Kilmarnock Harrier & Athletic Club	13:45	3
127	Poppy McKnight Livingstone (U15G)	Cambuslang Harriers	14:00	2
128	Jessica Black (U13G)	Kilmarnock Harrier & Athletic Club	14:07	2
129	Melanie Welsh (U15G)	Garscube Harriers	14:11	3
130	Sophie Cummings (U15G)	Cambuslang Harriers	16:07	3

Incomplete Teams

Rank	Athlete	Club	Time	Leg
	Lexie Speirs (U17W)	Strathclyde University Harriers	10:42	x
	Ruby Freeland (U15G)	Giffnock North Athletics Club	11:42	x
	Skyla McClelland (U15G)	Giffnock North Athletics Club	12:25	x
	Talia Padmanabhan (U15G)	Garscube Harriers	12:58	x
	Megan Jackson (U15G)	Giffnock North Athletics Club	13:17	x
	Neave Johnstone (U15G)	Giffnock North Athletics Club	13:30	x
	Eilidh Gibson (U13G)	Garscube Harriers	15:04	x

Rank	Athlete	Club	Time	Leg
1	Daibhidh Kinnaird (U17M)	Cambuslang Harriers	7:55	3
2	Angus Fraser-Moodie (U17M)	Springburn Harriers	7:57	3
3	Calum Dick (U17M)	Giffnock North Athletics Club	7:58	3
4	Louie Muir (U17M)	Giffnock North Athletics Club	8:03	3
5	Ben Baillie (U17M)	East Kilbride Athletic Club	8:06	3
6	Daniel Hendry (U17M)	Garscube Harriers	8:07	3
7	Aaron Reid (U17M)	Giffnock North Athletics Club	8:09	3
8	Rhuairdh Laing (U17M)	Victoria Park City of Glasgow AC	8:16	3
9	Connor Campbell (U17M)	Garscube Harriers	8:21	3
10	Matthew Hill (U17M)	Giffnock North Athletics Club	8:25	3
11	Carlo Brown (U13B)	Cambuslang Harriers	8:31	1
11	Blair Beverley (U17M)	Law & District AAC	8:31	3
13	Alexander Wotherspoon (U15B)	Law & District AAC	8:32	2
14	Callum Cooke (U13B)	Kilmarnock Harrier & Athletic Club	8:36	1
14	Rory Barclay (U17M)	Cambuslang Harriers	8:36	3
16	Cameron Chambers (U17M)	Law & District AAC	8:37	3
17	John Frood (U17M)	Cambuslang Harriers	8:38	3
18	Cameron Nugent (U17M)	Giffnock North Athletics Club	8:39	3
19	Angus O'Neil (U17M)	Cambuslang Harriers	8:41	3
20	Finlay Mitchell (U17M)	Kilbarchan AAC	8:42	3
21	Kyle Thomson (U17M)	Garscube Harriers	8:43	3
22	Riley Fulton (U15B)	Ayr Seaforth AC	8:46	2
23	Jamie Walker (U15B)	Kilmarnock Harrier & Athletic Club	8:47	3
24	Ewan Kennedy (U15B)	Giffnock North Athletics Club	8:53	2
24	Joe Butler (U17M)	Garscube Harriers	8:53	3
26	Christopher Cameron (U13B)	Giffnock North Athletics Club	8:56	1
27	Lewis Sinclair (U15B)	Kilmarnock Harrier & Athletic Club	8:57	2
27	Louis Reid (U13B)	Inverclyde Athletic Club	8:57	2
27	Ethan Tyler (U17M)	Garscube Harriers	8:57	3
30	Evan Tyler (U15B)	Giffnock North Athletics Club	8:58	2
31	Charlie Lyne (U15B)	Inverclyde Athletic Club	9:00	3
31	Aj Campbell (U17M)	Kilbarchan AAC	9:00	3
33	Ruben Stewart (U15B)	Garscube Harriers	9:01	2
34	Alexander James (U13B)	Inverclyde Athletic Club	9:03	1
34	Elliott Tyler (U15B)	Garscube Harriers	9:03	2
36	Ross McLean (U13B)	Law & District AAC	9:04	1
36	Jamie Turner (U17M)	Victoria Park City of Glasgow AC	9:04	3
38	Andrew William Ross (U15B)	Victoria Park City of Glasgow AC	9:06	2
39	Cameron Fraser (U17M)	East Kilbride Athletic Club	9:09	3
40	Thomas Fraser-Moodie (U13B)	Springburn Harriers	9:11	2
41	Jamie Mackie (U15B)	Law & District AAC	9:14	2
42	Jack McMillan (U13B)	East Kilbride Athletic Club	9:19	2
42	Sorley Gemmell (U15B)	Garscube Harriers	9:19	2
42	Jay Jenkins (U15B)	Kilbarchan AAC	9:19	2
45	Rio Biddlecombe (U13B)	Shettleston Harriers	9:24	1
45	Eoghan Connelly (U15B)	Motherwell Athletics Club	9:24	3
47	Ben McKerracher (U13B)	Giffnock North Athletics Club	9:25	1
48	Matthew McEwan (U15B)	Shettleston Harriers	9:27	2
49	Ciaran Curley (U15B)	Shettleston Harriers	9:28	3
50	Ollie Macfarlane (U15B)	Giffnock North Athletics Club	9:30	2

Rank	Athlete	Club	Time	Leg
51	Jared Nicol (U17M)	Motherwell Athletics Club	9:32	1
51	Logan Peddie (U15B)	Kilmarnock Harrier & Athletic Club	9:32	2
53	Elias Wright (U15B)	Giffnock North Athletics Club	9:33	2
54	Patrick McGovern (U15B)	Giffnock North Athletics Club	9:38	3
55	Alex Bellingham (U15B)	Cambuslang Harriers	9:40	2
56	Harris Steven (U15B)	Kilmarnock Harrier & Athletic Club	9:44	2
57	Connor McNamee (U13B)	Motherwell Athletics Club	9:47	2
58	Naod Woldeselassie (U13B)	Shettleston Harriers	9:50	1
59	Logan Jones (U13B)	Cambuslang Harriers	9:52	1
60	Liam Hume (U15B)	Kilmarnock Harrier & Athletic Club	9:53	2
61	Ramsay Smith (U13B)	Garscube Harriers	9:54	1
62	Eric Ranford (U13B)	Garscube Harriers	9:56	1
62	Owen Palmer (U13B)	East Kilbride Athletic Club	9:56	1
64	Joseph Duff (U15B)	Kilmarnock Harrier & Athletic Club	9:57	3
65	Jack Froggatt (U13B)	Garscube Harriers	9:58	1
65	Harry Tosh (U15B)	Giffnock North Athletics Club	9:58	2
65	Murray Graham (U13B)	North Ayrshire Athletics Club	9:58	2
68	Jacob Prentice (U13B)	Giffnock North Athletics Club	9:59	1
69	Josh Reid (U13B)	Giffnock North Athletics Club	10:00	1
70	Angus Fairbairn (U13B)	East Kilbride Athletic Club	10:05	1
71	Dylan Condie (U13B)	Kilbarchan AAC	10:06	1
71	Hamish Anderson (U15B)	Calderglen Harriers	10:06	2
71	Seth Ritchie (U15B)	Helensburgh Amateur Athletic Club	10:06	2
71	Callum Oneill (U15B)	Kilmarnock Harrier & Athletic Club	10:06	3
75	Robbie Rooney (U15B)	Calderglen Harriers	10:07	3
76	Douglas Gallie (U13B)	Cambuslang Harriers	10:08	2
76	Bruno Sweeney (U15B)	Helensburgh Amateur Athletic Club	10:08	3
78	Murray Young (U13B)	Kilmarnock Harrier & Athletic Club	10:11	1
79	Sam Greig (U15B)	Cambuslang Harriers	10:13	2
79	Ross Hubbert (U15B)	Cambuslang Harriers	10:13	2
81	Louis Runciman (U13B)	Garscube Harriers	10:17	1
82	James Gemmell (U13B)	Giffnock North Athletics Club	10:18	1
83	Nathaniel Gaston (U15B)	Kilbarchan AAC	10:19	2
83	Tristan Giraud (U15B)	Shettleston Harriers	10:19	2
85	Kieran Murphy (U17M)	Ayr Seaforth AC	10:21	3
86	Harry Macaulay (U13B)	Springburn Harriers	10:24	1
86	Frankie Cherrie (U13B)	Ayr Seaforth AC	10:24	1
86	Louis Millican (U13B)	Shettleston Harriers	10:24	1
86	Euan Moir (U13B)	Giffnock North Athletics Club	10:24	2
90	Thierry Giraud (U15B)	Shettleston Harriers	10:26	3
91	Cain Martin (U13B)	Giffnock North Athletics Club	10:28	2
92	Dominic Boyle (U13B)	Shettleston Harriers	10:29	2
93	Blair Wright (U13B)	Kilbarchan AAC	10:37	1
94	Riley Rhicard (U13B)	Giffnock North Athletics Club	10:40	1
95	Calum McCormick (U13B)	East Kilbride Athletic Club	10:42	2
96	Aaron Hamilton (U15B)	Giffnock North Athletics Club	10:43	3
97	Hugo Meikle (U13B)	Victoria Park City of Glasgow AC	10:49	1
97	Leon Spirit-Hawthorne (U13B)	Inverclyde Athletic Club	10:49	1
99	Jamie Little (U17M)	Garscube Harriers	10:56	2
100	Riley Nimmo-Rayne (U13B)	North Ayrshire Athletics Club	10:57	1

Rank	Athlete	Club	Time	Leg
101	Matthew Dempsey (U13B)	Garscube Harriers	11:03	1
102	Noah Midwinter (U13B)	Cambuslang Harriers	11:08	1
103	Niall Smith (U13B)	Cambuslang Harriers	11:09	1
104	Callum Curley (U13B)	Kilmarnock Harrier & Athletic Club	11:12	1
105	Luca MacArthur (U13B)	Calderglen Harriers	11:17	1
106	James MacLeod (U13B)	Victoria Park City of Glasgow AC	11:19	1
107	Neil Parker (U13B)	Kilmarnock Harrier & Athletic Club	11:34	1
108	Harrison Weir (U13B)	Law & District AAC	11:36	1
109	Joshua McDonald (U13B)	Kilbarchan AAC	11:48	1
109	Corey Swain (U13B)	Kilmarnock Harrier & Athletic Club	11:48	1
111	Ross Black (U15B)	Kilmarnock Harrier & Athletic Club	11:55	2
112	Ethan Rough (U13B)	Giffnock North Athletics Club	11:59	1
113	Alexander Clark (U13B)	Motherwell Athletics Club	12:00	1
114	Sol Currie (U15B)	Inverclyde Athletic Club	12:07	2
115	Hamish McGuigan (U13B)	Garscube Harriers	12:21	2
116	Gregor Sobers (U13B)	Helensburgh Amateur Athletic Club	12:50	1
117	Daniel Little (U13B)	Victoria Park City of Glasgow AC	13:09	2

Incomplete Teams

Rank	Athlete	Club	Time	Leg
	Alexander Massie (U17M)	Kilbarchan AAC	09:16	x
	Lucas Watt (U17M)	Kilbarchan AAC	09:19	x

Rank	Athlete	Club	Time	Leg	Age Rank
1	Eve MacKinnon (SW)	Cambuslang Harriers	12:57	3	1
2	Emily McNicol (SW)	Glasgow University Hares and Hounds	12:59	3	2
3	Zara Redmond (SW)	Kilbarchan AAC	13:06	1	3
4	Clare Stewart (SW)	Shettleston Harriers	13:13	1	4
4	Catriona Gillen (SW)	Springburn Harriers	13:13	3	4
6	Nynke Mulholland (SW)	Inverclyde Athletic Club	13:16	1	6
7	Zoe Pflug (SW)	Cambuslang Harriers	13:23	1	7
8	Skye Rae (SW)	Strathclyde University Harriers	13:26	3	8
9	Meredith Reid (SW)	Inverclyde Athletic Club	13:31	3	9
10	Grace Drummond (SW)	Cambuslang Harriers	13:40	1	10
11	Holly Little (SW)	Cambuslang Harriers	13:43	2	11
12	Charlotte Macphie (SW)	Glasgow University Hares and Hounds	13:44	1	12
13	Rachel Giffen (SW)	Springburn Harriers	13:49	2	13
14	Tuscany Wright (SW)	Glasgow University Hares and Hounds	13:53	1	14
15	Sarah Dempsey (SW)	Kilbarchan AAC	14:00	2	15
16	Freya Griffiths (SW)	Glasgow University Hares and Hounds	14:02	3	16
17	Marie Kane (SW)	Cambuslang Harriers	14:07	3	17
18	Rosa Donaldson (SW)	Bellahouston Harriers	14:11	1	18
18	Arianna Carmichael (SW)	Victoria Park City of Glasgow AC	14:11	1	18
20	Elspeth Curran (SW)	Kilbarchan AAC	14:17	3	20
21	Charlotte McKenna (SW)	Shettleston Harriers	14:18	2	21
22	Rachel Muir (SW)	Glasgow University Hares and Hounds	14:20	2	22
23	Yvonne McNairn (W40)	Giffnock North Athletics Club	14:22	3	1
24	Emily Renfrew (SW)	Bellahouston Harriers	14:27	2	23
25	Laura Diana Jedrusiak (SW)	Glasgow University Hares and Hounds	14:28	1	24
26	Kate Paul (SW)	Strathclyde University Harriers	14:29	2	25
27	Cara Thom (SW)	Bellahouston Road Runners	14:30	1	26
28	Catriona Bain (SW)	Cambuslang Harriers	14:36	2	27
29	Ines Curran (SW)	Strathclyde University Harriers	14:39	1	28
29	Lorna Baird (SW)	Kilmarnock Harrier & Athletic Club	14:39	2	28
31	Jill Cox (W40)	Greenock Glenpark Harriers MAS	14:43	1	2
32	Emma Creasey (SW)	Giffnock North Athletics Club	14:44	1	30
33	Avril Mason (W50)	Shettleston Harriers	14:52	3	1
34	Ruth Joss (SW)	Shettleston Harriers	14:53	1	31
35	Ellie Jones (SW)	West End Road Athletes	14:58	3	32
36	Lucy Donaldson (SW)	Garscube Harriers	15:02	1	33
37	Naomi Giffen (SW)	Springburn Harriers	15:03	1	34
38	Nina Padmanabhan (SW)	Garscube Harriers	15:07	3	35
39	Carla Barennes (SW)	Glasgow University Hares and Hounds	15:11	2	36
39	Hannah Terrance (SW)	Shettleston Harriers	15:11	2	36
41	Ella Nicholson (SW)	Glasgow University Hares and Hounds	15:12	2	38
42	Amy Andrew (SW)	East Kilbride Athletic Club MAS	15:15	1	39
43	Abi Hammerman (SW)	Inverclyde Athletic Club	15:19	2	40
43	Maisie Blair (SW)	Garscube Harriers	15:19	2	40
45	Catriona Bark (W40)	Giffnock North Athletics Club	15:22	1	3
46	Hannah Nisbit (SW)	Giffnock North Athletics Club	15:27	1	42
47	Rachael Niamh Hill (SW)	Giffnock North Athletics Club	15:28	2	43
48	Kelly Baillie (W40)	East Kilbride Athletic Club MAS	15:34	2	4
49	Emma Morris (W40)	Cambuslang Harriers	15:40	1	5
50	Gayle Forbes (SW)	Motherwell Athletics Club	15:45	3	44

Rank	Athlete	Club	Time	Leg	Age Rank
51	Eve Starritt (SW)	Kilmarnock Harrier & Athletic Club	15:47	1	45
51	Mary Senior (W50)	Garscube Harriers MAS	15:47	1	2
53	Toni McIntosh (W40)	Ayr Seaforth AC MAS	15:50	2	6
54	Carla Brawley (SW)	Motherwell Athletics Club	15:54	1	46
54	Ruby McGill (SW)	Glasgow University Hares and Hounds	15:54	3	46
56	Amy Bristow (SW)	Victoria Park City of Glasgow AC	15:58	1	48
57	Hilary Carswell (W50)	Giffnock North Athletics Club	15:59	2	3
58	Neve McArthur (SW)	Victoria Park City of Glasgow AC	16:01	3	49
59	Ashley Anderson (SW)	Greenock Glenpark Harriers	16:02	1	50
59	Katherine Hylands (SW)	Bellahouston Harriers	16:02	3	50
61	Jennifer Bonnyman (SW)	Glasgow University Hares and Hounds	16:03	3	52
62	Laura Gray (W40)	Garscube Harriers MAS	16:07	2	7
62	Rebecca Croney (SW)	Bellahouston Road Runners	16:07	3	53
64	Izzy Caufield (SW)	Glasgow University Hares and Hounds	16:10	1	54
64	Emma Peters (SW)	Bellahouston Road Runners	16:10	2	54
66	Kiara Meiklejohn (SW)	Glasgow University Hares and Hounds	16:12	3	56
67	Clare Grehan (SW)	Motherwell Athletics Club	16:15	2	57
68	Jennifer Beattie (W40)	Kilmarnock Harrier & Athletic Club	16:18	2	8
69	Rosalind Teasdale (W40)	Kilbarchan AAC	16:20	1	9
70	Debi Scott (SW)	Giffnock North Athletics Club	16:22	3	58
71	Morag Lynch (SW)	Strathclyde University Harriers	16:26	2	59
72	Christine Mackie (SW)	Victoria Park City of Glasgow AC	16:27	2	60
73	Claire Wharton (W50)	Bellahouston Road Runners	16:28	3	4
74	Morgan Mcburnie (SW)	Kilmarnock Harrier & Athletic Club	16:39	3	61
74	Martha Lovatt (W40)	Garscube Harriers MAS	16:39	3	10
76	Kirsty Macfarlane (SW)	Bellahouston Road Runners	16:40	1	62
76	Katie Piggot (W40)	Victoria Park City of Glasgow AC	16:40	1	11
78	Gael Neill (W40)	Ayr Seaforth AC MAS	16:42	3	12
79	Rachel Wardrope (SW)	Cambuslang Harriers	16:44	1	63
80	Alice Henderson (SW)	Garscube Harriers	16:45	2	64
81	Zoe Renfrew (SW)	Inverclyde Athletic Club	16:46	2	65
82	Pauline Wright (W50)	Bellahouston Road Runners	16:47	1	5
83	Diane Clark (W40)	Garscube Harriers MAS	16:48	1	13
83	Amy Crawford (SW)	Glasgow University Hares and Hounds	16:48	2	66
83	Zoe Charters (SW)	Glasgow University Hares and Hounds	16:48	2	66
86	Kaitlin Vallance (SW)	Kilmarnock Harrier & Athletic Club	16:52	1	68
86	Diane McKinney (SW)	Troon Tortoises Athletics Club	16:52	1	68
86	Gisell McCroskery (SW)	Glasgow University Hares and Hounds	16:52	2	68
89	Leanne McIntosh (W40)	Bellahouston Road Runners	16:53	2	14
90	Julie Lynch (SW)	Bellahouston Harriers	16:54	1	71
90	Fiona Macfarlane (W40)	Greenock Glenpark Harriers MAS	16:54	3	15
92	Lorna Mitchell (W50)	Greenock Glenpark Harriers MAS	16:56	2	6
93	Louisa Jones (SW)	Glasgow University Hares and Hounds	16:57	3	72
94	Jennifer Sarah Walker (W40)	Bellahouston Harriers	16:58	2	16
95	Susie Hubbard (W50)	Troon Tortoises Athletics Club	17:00	3	7
96	Clare McKinlay (SW)	West End Road Athletes	17:01	2	73
97	Caroline Friel (W40)	Westerlands Cross Country Club	17:05	2	17
97	Flora Henry (SW)	Bellahouston Road Runners	17:05	3	74
99	Robyn Abbie McKerracher (SW)	Glasgow University Hares and Hounds	17:07	1	75
100	Kay Greg (SW)	Inverclyde Athletic Club	17:09	3	76

Rank	Athlete	Club	Time	Leg	Age Rank
101	Vivien Thorpe (W40)	East Kilbride Athletic Club MAS	17:11	3	18
102	Sadie Croasdale (SW)	Glasgow University Hares and Hounds	17:15	1	77
103	Grace Ferry (SW)	Strathclyde University Harriers	17:17	1	78
103	Donna Finlayson (W40)	Victoria Park City of Glasgow AC	17:17	2	19
105	Bernadette O Neil (W50)	Cambuslang Harriers	17:19	3	8
106	Heather Fraser (W40)	Troon Tortoises Athletics Club	17:22	2	20
107	Debbie Martin-Consani (W50)	Garscube Harriers MAS	17:25	2	9
108	Amanda Bryden (W40)	Kilmarnock Harrier & Athletic Club	17:28	3	21
109	Louise Craig (SW)	Inverclyde Athletic Club	17:30	1	79
109	Claire Mcorley (SW)	Calderglen Harriers	17:30	1	79
109	Carolyn Datta (W40)	Giffnock North Athletics Club	17:30	2	22
112	Jennifer Campbell (W50)	Cambuslang Harriers	17:33	2	10
113	Cristina Niciu (W40)	Kilbarchan AAC	17:39	2	23
114	Lauren Harrison (SW)	Ayr Seaforth AC	17:45	2	81
114	Jacqueline Campbell (W50)	Giffnock North Athletics Club	17:45	3	11
114	Hannah Mearns (SW)	West End Road Athletes	17:45	3	81
117	Gillian Hannah (W50)	Ayr Seaforth AC MAS	17:46	1	12
117	Emma Carroll (SW)	Calderglen Harriers	17:46	2	83
119	Emma Steele (SW)	Ayr Seaforth AC	17:47	1	84
120	Natalie Muir (SW)	Cambuslang Harriers	17:49	2	85
121	Laura Henderson (SW)	Bellahouston Road Runners	17:54	1	86
122	Marina McCallum (W50)	Kirkintilloch Olympians MAS	17:56	1	13
123	Julie Perrie (SW)	Motherwell Athletics Club MAS	17:57	3	87
124	Honey Morris (SW)	Glasgow University Hares and Hounds	18:08	1	88
124	Carla Dunn (SW)	Motherwell Athletics Club	18:08	2	88
124	Anne Noble (W60)	Troon Tortoises Athletics Club	18:08	3	1
127	Abby Ash (SW)	Glasgow University Hares and Hounds	18:11	1	90
127	Alison Rutherford (W40)	Garscube Harriers MAS	18:11	1	24
129	Alicia Chee (SW)	Glasgow University Hares and Hounds	18:12	3	91
130	Sabine Jefcoate (SW)	Strathclyde University Harriers	18:13	3	92
131	Angela O'Neill (W40)	Motherwell Athletics Club	18:14	1	25
131	Clare Leung (W40)	Greenock Glenpark Harriers MAS	18:14	2	25
133	Ellie Wright (SW)	Glasgow University Hares and Hounds	18:16	2	93
134	Eleanor Martin (SW)	West End Road Athletes	18:17	1	94
135	Lauren Mackay (W40)	Bellahouston Harriers	18:18	3	27
136	Lynne Hamilton (W40)	Bellahouston Road Runners	18:19	1	28
137	Jennifer MacMahon (SW)	Garscube Harriers	18:23	1	95
138	Alice Howe (SW)	Bellahouston Road Runners	18:24	2	96
138	Catriona Padmanabhan (W50)	Garscube Harriers	18:24	3	14
140	Elaine Warr (W50)	Troon Tortoises Athletics Club	18:30	2	15
141	Angela Eadie (W40)	Bellahouston Road Runners	18:32	3	29
142	Kim Law (W50)	Inverclyde Athletic Club MAS	18:33	2	16
143	Frances Ferguson (W60)	Calderglen Harriers	18:35	3	2
144	Louise Love (W50)	Victoria Park City of Glasgow AC	18:44	3	17
145	Ros O Sullivan (W60)	Kirkintilloch Olympians MAS	18:46	2	3
146	Paula Fernandez Palanca (SW)	West End Road Athletes	18:47	2	97
147	Lynda Bennett (SW)	Westerlands Cross Country Club	18:48	3	98
148	Catherine Harvey (SW)	Motherwell Athletics Club	18:51	3	99
149	Stephanie Boyle (SW)	Bellahouston Road Runners	18:56	2	100
150	Lilly Jeffery (SW)	Motherwell Athletics Club MAS	19:01	1	101

Rank	Athlete	Club	Time	Leg	Age Rank
151	Bella Raso (SW)	Glasgow University Hares and Hounds	19:02	2	102
152	Ada Stewart (W60)	Kirkintilloch Olympians MAS	19:05	3	4
153	Cheryl Thomas (W40)	Greenock Glenpark Harriers MAS	19:12	1	30
154	Chi My Ta (W40)	Bellahouston Road Runners	19:20	2	31
155	Anna McDougall (W40)	Inverclyde Athletic Club MAS	19:31	3	32
156	Wiebke Lammers (W40)	Westerlands Cross Country Club	19:38	1	33
157	Lisa Robertson (SW)	Bellahouston Harriers	19:43	2	103
158	Roz Wilson (W50)	Bellahouston Road Runners	19:45	3	18
159	Kelly Shaw (W40)	Motherwell Athletics Club MAS	19:50	2	34
160	Faye Currie (W40)	Inverclyde Athletic Club MAS	19:54	1	35
160	Morag Casey (W50)	Garscube Harriers MAS	19:54	2	19
162	Louise Cownie (W40)	Victoria Park City of Glasgow AC	19:56	2	36
163	Injured Athlete (SW)	Bellahouston Harriers	20:00	1	104
164	Rebecca McCluckie (SW)	Greenock Glenpark Harriers	20:01	2	105
165	Lorna Macmillan (W60)	Greenock Glenpark Harriers MAS	20:26	1	5
166	Grace Mackie (SW)	West End Road Athletes	20:28	1	106
167	Jelena Kerr (SW)	Troon Tortoises Athletics Club	20:30	1	107
168	Catriona Cameron (SW)	Kirkintilloch Olympians	20:41	1	108
169	Lynsey Mooney (W40)	Greenock Glenpark Harriers MAS	20:44	3	37
170	Lynne Goldie (W50)	Bellahouston Road Runners MAS	21:00	1	20
171	Rachael McDaid (SW)	Greenock Glenpark Harriers	21:07	3	109
172	Collette Mcgeehan (W50)	Inverclyde Athletic Club MAS	21:20	1	21
173	Lucy Everett (SW)	Glasgow University Hares and Hounds	21:21	3	110
174	Maureen Doherty (W50)	Greenock Glenpark Harriers MAS	21:27	3	22
175	Laura Espada Castro (W40)	Garscube Harriers MAS	21:29	3	38
176	Monika Fischer-Keogh (W50)	Greenock Glenpark Harriers MAS	21:39	2	23

Pos	Athlete	Club	Time	Leg	Age Rank
1	Ben Potrykus (SM)	Inverclyde Athletic Club	10:57	4	1
2	Jamie Burns (SM)	Shettleston Harriers	11:05	4	2
3	Jack Patton (SM)	Kilbarchan AAC	11:07	1	3
4	Jamie Mackinnon (SM)	Cambuslang Harriers	11:10	3	4
5	Gavin Smith (SM)	Cambuslang Harriers	11:16	1	5
6	Alasdair Nugent (SM)	Giffnock North Athletics Club	11:19	1	6
7	Fraser Gilmour (SM)	Kilbarchan AAC	11:21	2	7
8	Kevan Harvey (SM)	Cambuslang Harriers	11:26	2	8
8	Jonathon Downey (SM)	Kilmarnock Harrier & Athletic Club	11:26	1	8
10	Ryan Gray (SM)	Inverclyde Athletic Club	11:28	1	10
10	Jamie Connor (SM)	Giffnock North Athletics Club	11:28	2	10
10	Ewan McKerral (SM)	Kilbarchan AAC	11:28	1	10
13	Alasdair Maclean (SM)	Giffnock North Athletics Club	11:29	3	13
14	Nikolai Gajić (SM)	Giffnock North Athletics Club	11:30	1	14
14	Iain Jordan (SM)	Strathclyde University Harriers	11:30	2	14
14	Andrew McGill (SM)	Cambuslang Harriers	11:30	4	14
17	Robbie Ferguson (SM)	Kilbarchan AAC	11:35	3	17
18	Andrew Carey (SM)	Glasgow University Hares and Hounds	11:36	3	18
19	Ross O'Brien (SM)	Giffnock North Athletics Club	11:37	4	19
20	John Bell (SM)	Inverclyde Athletic Club	11:39	2	20
21	Dylan Crawford (SM)	Greenock Glenpark Harriers	11:41	4	21
22	Ben Seath (SM)	Strathclyde University Harriers	11:45	1	22
23	Lewis Hannigan (SM)	Kilbarchan AAC	11:46	4	23
24	Glen Griffiths (SM)	Glasgow University Hares and Hounds	11:48	2	24
25	Alasdair Campbell (SM)	Bellahouston Harriers	11:49	1	25
26	Seonaidh MacInnes (SM)	Glasgow University Hares and Hounds	11:51	4	26
27	John Fergusson (SM)	East Kilbride Athletic Club	11:53	1	27
27	Rory Muir (SM)	Cambuslang Harriers	11:53	2	27
27	Ross Gray (SM)	Inverclyde Athletic Club	11:53	3	27
30	Grant Baillie (M40)	East Kilbride Athletic Club	11:58	4	1
31	Cameron Fordyce (SM)	Glasgow University Hares and Hounds	12:01	2	30
32	Lewis McCrae (SM)	Greenock Glenpark Harriers	12:02	1	31
33	Luke Howard (SM)	Shettleston Harriers	12:03	1	32
34	Zac Meiklejohn (SM)	Glasgow University Hares and Hounds	12:04	2	33
35	Daniel Bradford (SM)	Shettleston Harriers	12:05	2	34
36	Sam McCarthy (SM)	Cambuslang Harriers	12:07	1	35
37	Sam Lesley (SM)	Shettleston Harriers	12:11	3	36
38	Oscar Logan (SM)	Glasgow University Hares and Hounds	12:12	1	37
38	Luke McDowell (SM)	Glasgow University Hares and Hounds	12:12	1	37
38	Stephen Trainer (SM)	Greenock Glenpark Harriers	12:12	2	37
38	Finlay Raynor (SM)	Glasgow University Hares and Hounds	12:12	3	37
42	Patrick Mochan (SM)	East Kilbride Athletic Club	12:16	3	41
43	Lewis Roddis (SM)	Cambuslang Harriers	12:17	4	42
43	Oscar Coetzee (M40)	Bellahouston Road Runners	12:17	4	2
45	Elliot Frame (SM)	Glasgow University Hares and Hounds	12:20	1	43
45	Euan Bell (SM)	Strathclyde University Harriers	12:20	4	43
45	Colin Reilly (M40)	Cambuslang Harriers MAS	12:20	4	3
48	Angus Henderson (SM)	Strathclyde University Harriers	12:21	1	45
49	Conor Drummond (SM)	Giffnock North Athletics Club	12:22	2	46
50	Grant Sheldon (SM)	Cambuslang Harriers	12:24	3	47

Pos	Athlete	Club	Time	Leg	Age Rank
51	Matthew O'Brien (SM)	Bellahouston Harriers	12:26	4	48
52	Ruaridh Miller (SM)	Kilbarchan AAC	12:27	1	49
53	Fraser Armstrong (SM)	Bellahouston Harriers	12:30	3	50
54	Tom Porter (SM)	Shettleston Harriers	12:31	4	51
55	James Wilkes (SM)	Garscube Harriers	12:33	2	52
55	Andrew McCall (SM)	Greenock Glenpark Harriers	12:33	3	52
55	Fergus Currie (SM)	Glasgow University Hares and Hounds	12:33	4	52
58	Andrew Forteath (M40)	East Kilbride Athletic Club	12:34	1	4
58	Rhys Williams (SM)	Bellahouston Harriers	12:34	2	55
60	Christopher Macdonald (SM)	Motherwell Athletics Club	12:35	2	56
61	Ryan Kellock (SM)	Law & District AAC	12:36	1	57
62	Andrew Kirk (SM)	Kirkintilloch Olympians	12:37	2	58
62	Joshua Mirtle (SM)	Strathclyde University Harriers	12:37	3	58
64	Jack Kirwan (SM)	East Kilbride Athletic Club	12:41	2	60
64	David Ross (M40)	East Kilbride Athletic Club	12:41	4	5
66	Andrew Shorts (SM)	Kilbarchan AAC	12:44	2	61
67	Drew Carr (SM)	Westerlands Cross Country Club	12:45	1	62
68	Matthew Sweeney (SM)	Strathclyde University Harriers	12:47	3	63
69	Stephen Brown (M40)	West End Road Athletes MAS	12:48	4	6
70	Michael Miller (SM)	Clydesdale Harriers	12:51	1	64
71	Iain MacCorquodale (M40)	Cambuslang Harriers MAS	12:52	2	7
71	Robert Hamlin (SM)	Westerlands Cross Country Club	12:52	2	65
73	Owen Leach (SM)	Cambuslang Harriers	12:53	1	66
73	Kenneth Neill (M40)	Ayr Seaforth AC	12:53	3	8
73	Lewis Khan (SM)	Greenock Glenpark Harriers	12:53	4	66
76	Calum Borthwick (SM)	Bellahouston Road Runners	12:56	2	68
77	Arthur Calnan (M40)	Cambuslang Harriers MAS	12:57	1	9
78	Lewis Davidson (SM)	Glasgow University Hares and Hounds	12:58	3	69
79	Mark Gallacher (M50)	Cambuslang Harriers MAS	12:59	1	1
80	Paul McNairn (M40)	Bellahouston Road Runners	13:00	3	10
80	Gavin Spence (SM)	Garscube Harriers	13:00	3	70
82	Daniel Owens (SM)	Garscube Harriers	13:01	1	71
82	Hugh Lonergan (SM)	Glasgow University Hares and Hounds	13:01	4	71
84	Owen Walpole (SM)	Kilmarnock Harrier & Athletic Club	13:02	3	73
85	Alan Callan (M40)	Inverclyde Athletic Club MAS	13:03	1	11
85	Nicholas Boyle (SM)	Giffnock North Athletics Club	13:03	3	74
87	Greg Williams (SM)	Inverclyde Athletic Club	13:04	2	75
88	Stuart Gibson (M40)	Cambuslang Harriers MAS	13:05	3	12
89	Justin Carter (M50)	Cambuslang Harriers MAS	13:07	2	2
90	Iain Burns (M40)	Shettleston Harriers MAS	13:09	2	13
90	Lewis Rider (SM)	Clydesdale Harriers	13:09	4	76
92	Teame Tewelde Habtu (M40)	Springburn Harriers	13:10	1	14
92	Jonathan Hunter (SM)	East Kilbride Athletic Club	13:10	2	77
94	Euan McCracken (M40)	Kilbarchan AAC	13:11	3	15
94	Lewis Stevenson (SM)	Kilbarchan AAC	13:11	3	78
96	Stuart Kerr (SM)	Kilbarchan AAC	13:12	4	79
97	John Coyle (M50)	Garscube Harriers	13:13	4	3
98	Lee Shaw (SM)	Bellahouston Harriers	13:15	1	80
99	Evan Clark (SM)	Irvine Running Club	13:16	2	81
100	Allan Cameron (M50)	Victoria Park City of Glasgow AC	13:18	1	4
100	David Mclure (M40)	Kilmarnock Harrier & Athletic Club	13:18	2	16

Pos	Athlete	Club	Time	Leg	Age Rank
102	Paul Burns (M40)	Motherwell Athletics Club	13:19	1	17
103	Steven Campbell (M50)	Greenock Glenpark Harriers MAS	13:20	4	5
104	Ronald Strachan (M40)	Shettleston Harriers MAS	13:23	1	18
104	Ben Forrest (SM)	Ayr Seaforth AC	13:23	1	82
106	Dylan Cherruault (SM)	Glasgow University Hares and Hounds	13:24	1	83
106	Sam Hosie (SM)	East Kilbride Athletic Club	13:24	3	83
108	Grant Mackenzie (SM)	Law & District AAC	13:25	3	85
109	Cameron Mackie (SM)	Victoria Park City of Glasgow AC	13:27	2	86
109	Stuart McGeachy (M40)	Campbeltown Running Club	13:27	2	19
111	Cameron Sharp (SM)	Shettleston Harriers	13:30	1	87
111	William Morgan (SM)	Irvine Running Club	13:30	4	87
113	Jason Kane (SM)	Inverclyde Athletic Club	13:32	3	89
114	Matthew Fisher (SM)	Glasgow University Hares and Hounds	13:36	1	90
115	Jamie McCaskell (SM)	East Kilbride Athletic Club	13:37	1	91
116	Chris Hunter (M50)	Inverclyde Athletic Club MAS	13:38	3	6
117	Scott Henderson (M40)	Westerlands Cross Country Club MAS	13:39	2	20
117	Ross Anderson (SM)	Westerlands Cross Country Club	13:39	4	92
117	Jon Hammerman (M40)	Inverclyde Athletic Club MAS	13:39	4	20
120	Oliver Reilly (SM)	Greenock Glenpark Harriers	13:42	1	93
120	Ian Benson (SM)	East Kilbride Athletic Club MAS	13:42	2	93
122	Ruaraidh Drennan (SM)	Strathclyde University Harriers	13:43	2	95
123	Wilbur Mansell (SM)	Glasgow University Hares and Hounds	13:44	2	96
123	Graeme Laing (M40)	Victoria Park City of Glasgow AC	13:44	3	22
123	Donald MacLean (SM)	Giffnock North Athletics Club	13:44	4	96
126	Graeme Quinn (SM)	Kilmarnock Harrier & Athletic Club	13:46	4	98
127	Michael Joseph McLoone (SM)	Greenock Glenpark Harriers	13:47	3	99
128	Matthew Brown (SM)	Bellahouston Harriers	13:50	3	100
128	Lewis Anderson (SM)	Cambuslang Harriers	13:50	4	100
130	Ruairi Ferris (SM)	Kirkintilloch Olympians	13:51	1	102
130	Mark Livingstone (M50)	Irvine Running Club	13:51	3	7
132	Alan Moss (M40)	Bellahouston Road Runners	13:54	1	23
132	Conor Kenny (SM)	Westerlands Cross Country Club	13:54	3	103
134	Gregory Woodward (SM)	Glasgow University Hares and Hounds	13:55	4	104
135	Noel Slevin (SM)	Victoria Park City of Glasgow AC	13:56	4	105
136	Owen McWilliams (SM)	Irvine Running Club	13:57	1	106
136	Tom Adams (SM)	Cambuslang Harriers	13:57	2	106
136	Mattia Mancinelli (SM)	Garscube Harriers	13:57	4	106
139	Finn Fowler (SM)	Kilbarchan AAC	13:58	2	109
140	Walter Henderson (M50)	Cambuslang Harriers MAS	13:59	3	8
141	Allan Mackenzie (SM)	Helensburgh Amateur Athletic Club	14:00	1	110
142	Dan De Luca (SM)	Glasgow University Hares and Hounds	14:01	3	111
143	Sean Gaffney (SM)	Inverclyde Athletic Club	14:02	1	112
143	Callum Husband (SM)	Glasgow University Hares and Hounds	14:02	1	112
145	John G McLaughlin (M50)	Garscube Harriers	14:04	1	9
146	John Poole (SM)	Glasgow University Hares and Hounds	14:05	3	114
147	Peter Tucker (M40)	Inverclyde Athletic Club MAS	14:06	2	24
148	Kai Wheeler (SM)	Calderglen Harriers	14:07	4	115
149	Ryan Knights (SM)	Kilbarchan AAC	14:08	4	116
149	Barnaby Sharifi (SM)	Glasgow University Hares and Hounds	14:08	4	116

Pos	Athlete	Club	Time	Leg	Age Rank
151	John Speirs (M50)	Kilmarnock Harrier & Athletic Club MAS	14:09	2	10
152	Daniel Doherty (M40)	Greenock Glenpark Harriers MAS	14:10	1	25
153	James Bryson (SM)	Westerlands Cross Country Club	14:12	1	118
153	Michael McLoone (M60)	Greenock Glenpark Harriers MAS	14:12	3	1
155	Mykola Kulakov (M40)	Garscube Harriers	14:13	3	26
155	Thomas Jamieson (M40)	Inverclyde Athletic Club	14:13	4	26
157	Cieron Hadfield (SM)	Springburn Harriers	14:16	3	119
157	James Corden (SM)	West End Road Athletes MAS	14:16	3	119
159	Gabriel Murphy (SM)	Strathclyde University Harriers	14:19	4	121
159	Andy Norris (M40)	Springburn Harriers	14:19	4	28
161	Duncan McKellar (M40)	Garscube Harriers	14:20	1	29
161	Miles Leitao (SM)	Glasgow University Hares and Hounds	14:20	1	122
163	Kevin Queenan (M50)	Bellahouston Road Runners MAS	14:23	4	11
164	Jamie Clements (SM)	East Kilbride Athletic Club	14:24	4	123
165	Ryan Fitzpatrick (SM)	Kilbarchan AAC	14:25	1	124
166	Callum Thompson (SM)	Glasgow University Hares and Hounds	14:27	2	125
166	Greig Glendinning (M50)	Kilmarnock Harrier & Athletic Club MAS	14:27	4	12
168	Ross Hill (SM)	Law & District AAC	14:29	2	126
168	Michael Sweeney (M40)	Helensburgh Amateur Athletic Club	14:29	3	30
170	Joseph Burns (M50)	Ayr Seaforth AC	14:32	2	13
170	Iain Robertson (M40)	Clydesdale Harriers	14:32	2	31
172	Mark Sands (M40)	Irvine Running Club	14:34	2	32
172	Evan Crane (M40)	Motherwell Athletics Club	14:34	3	32
174	Ross Milne (SM)	Glasgow FrontAthletes	14:36	4	127
175	Mark Mccoll (M40)	Shettleston Harriers MAS	14:38	3	34
175	Denis Williams (M60)	Shettleston Harriers MAS	14:38	4	2
177	Alan Anderson (M40)	Campbeltown Running Club	14:40	1	35
177	Reuben Macintyre (SM)	Glasgow University Hares and Hounds	14:40	2	128
177	Niall Walker (SM)	East Kilbride Athletic Club	14:40	3	128
180	Craig Binnie (M40)	Helensburgh Amateur Athletic Club	14:43	2	36
181	Rory Morris (SM)	Kilmarnock Harrier & Athletic Club	14:45	1	130
181	James Nicol White (M40)	Motherwell Athletics Club	14:45	4	37
183	David Thom (M60)	Cambuslang Harriers MAS	14:46	4	3
184	Christopher Cox (SM)	Cambuslang Harriers	14:56	1	131
185	Cal Haddow-McKitterick (SM)	Springburn Harriers	14:59	2	132
185	David Anderson (M50)	Kilmarnock Harrier & Athletic Club MAS	14:59	3	14
187	Graeme Jack (M60)	West End Road Athletes MAS	15:00	1	4
188	John McCabe (M60)	Troon Tortoises Athletics Club	15:01	3	5
188	Christopher Mooney (M40)	Greenock Glenpark Harriers	15:01	3	38
190	Adam Griffith (SM)	Victoria Park City of Glasgow AC	15:02	2	133
190	Kevin Farmer (SM)	Cambuslang Harriers	15:02	3	133
190	Daniel Williams (SM)	Westerlands Cross Country Club	15:02	3	133
193	Gavin Morrison (M50)	Greenock Glenpark Harriers MAS	15:03	2	15
194	Edmund White (M40)	Glasgow FrontAthletes	15:04	1	39
194	Ross Noble (SM)	Cambuslang Harriers	15:04	2	136
194	Malcolm Wilson (SM)	Westerlands Cross Country Club	15:04	4	136
197	Graeme Gemmell (M60)	Bellahouston Harriers	15:05	2	6
198	Colin Weir (M40)	Irvine Running Club	15:07	1	40
199	Aaron Fullarton (SM)	Greenock Glenpark Harriers	15:08	2	138
199	Keith Charters (M60)	East Kilbride Athletic Club MAS	15:08	3	7

Pos	Athlete	Club	Time	Leg	Age Rank
201	Nicholas Carter (M40)	Kilmarnock Harrier & Athletic Club MAS	15:09	1	41
202	Matt Pearce (M50)	Troon Tortoises Athletics Club	15:11	1	16
203	Daniel Price (M40)	Westerlands Cross Country Club MAS	15:12	4	42
204	Lewis Sinclair (SM)	Garscube Harriers	15:22	2	139
205	John J Duffy (M60)	Shettleston Harriers	15:23	2	8
206	Gary Lyon (M40)	East Kilbride Athletic Club MAS	15:24	1	43
207	Andy Downey (M50)	Garscube Harriers	15:26	2	17
208	Iain Wallace (M50)	Cambuslang Harriers MAS	15:29	1	18
209	John Oates (M60)	Shettleston Harriers	15:32	3	9
210	Steven Johnston (SM)	Garscube Harriers	15:36	1	140
210	Andrew Fairlie (M40)	Bellahouston Harriers	15:36	4	44
212	Peter Stobart (SM)	Glasgow University Hares and Hounds	15:37	2	141
213	Tom Humphrey (SM)	Clydesdale Harriers	15:38	3	142
214	Maximilian MacDonald (SM)	Glasgow University Hares and Hounds	15:40	4	143
215	Don Reid (M60)	Westerlands Cross Country Club MAS	15:43	1	10
215	Barry Mitchell (M40)	Bellahouston Harriers	15:43	4	45
217	David Moffat (SM)	Motherwell Athletics Club	15:44	3	144
218	Scott Kelman (SM)	Giffnock North Athletics Club	15:45	2	145
219	George Coles (SM)	Troon Tortoises Athletics Club	15:46	4	146
220	Alasdair Meldrum (M50)	Ayr Seaforth AC	15:47	4	19
221	Andrew Higgins (SM)	Calderglen Harriers	15:48	2	147
222	John Murray (M50)	Garscube Harriers	15:49	2	20
222	Graeme Wiseman (M50)	Clydesdale Harriers	15:49	4	20
222	Daryl Rea (SM)	Motherwell Athletics Club	15:49	4	148
225	Hamza Daudali (SM)	Glasgow University Hares and Hounds	15:53	3	149
226	Arthur Mulholland (M60)	East Kilbride Athletic Club MAS	15:54	4	11
227	Jason Grant (M40)	Calderglen Harriers	15:55	1	46
227	Grant Fawcett (M50)	Motherwell Athletics Club	15:55	2	22
229	Michael Diver (M50)	Clydesdale Harriers	15:58	2	23
230	Allen Campbell (M50)	West End Road Athletes MAS	15:59	2	24
230	Colin Miller (M40)	Irvine Running Club	15:59	3	47
232	Iain Maclean (M60)	Calderglen Harriers	16:00	3	12
233	Scott Dickson (SM)	Motherwell Athletics Club	16:02	1	150
234	Paul Black (M40)	Kilmarnock Harrier & Athletic Club	16:03	2	48
235	Gordon Sandler (M60)	Kilmarnock Harrier & Athletic Club	16:06	3	13
236	Alasdair Duke (M40)	Westerlands Cross Country Club	16:08	2	49
237	Derek O'Neill (M40)	Motherwell Athletics Club MAS	16:10	1	50
238	Alan Brownlie (M60)	Springburn Harriers MAS	16:11	1	14
239	Rob Crusher (M60)	Giffnock North Athletics Club	16:12	1	15
240	Robert Pattinson (M50)	Calderglen Harriers	16:14	1	25
241	Christopher Haines (SM)	Dumbarton Amateur Athletics Club	16:18	1	151
241	Thomas Thorne (M40)	Bellahouston Road Runners MAS	16:18	3	51
243	Lee McFadzean (SM)	Troon Tortoises Athletics Club	16:19	2	152
244	Paul Wilson (M40)	Springburn Harriers MAS	16:24	2	52
245	James McLaughlin (M50)	Bellahouston Harriers	16:33	1	26
246	Alastair Loudon (M40)	Motherwell Athletics Club MAS	16:34	2	53
246	Rachid Senouci (SM)	Kilbarchan AAC	16:34	2	153
246	Steven Leith (M40)	Westerlands Cross Country Club MAS	16:34	3	53
249	Anthony McGale (M50)	Garscube Harriers	16:36	4	27
250	Michael Carlin (M40)	East Kilbride Athletic Club MAS	16:37	1	55

Pos	Athlete	Club	Time	Leg	Age Rank
251	Shane Semple (M40)	Motherwell Athletics Club MAS	16:38	2	56
251	Graeme Haddow (M60)	East Kilbride Athletic Club MAS	16:38	2	16
251	Daniel Docherty (SM)	Clydesdale Harriers	16:38	3	154
254	Brian McLinden (M70)	Motherwell Athletics Club	16:45	1	1
255	Scott Jasnosz-Clark (M40)	Glasgow FrontAthletes	16:46	3	57
255	Colin Miller (M60)	Irvine Running Club	16:46	4	17
257	Christophe Valtier (M40)	Bellahouston Road Runners MAS	16:49	1	58
258	Iain Newman (SM)	Glasgow FrontAthletes	16:52	2	155
258	Sam Grivell (SM)	Glasgow University Hares and Hounds	16:52	3	155
260	Jonathan Macdonald (M50)	West End Road Athletes MAS	16:54	2	28
261	Kenny Mcdonald (M50)	Bellahouston Road Runners MAS	17:04	2	29
262	Graham Marshall (M40)	Bellahouston Harriers	17:05	1	59
263	Kevin Smith (M60)	Bellahouston Harriers	17:10	3	18
264	Iain Crawford (M50)	Cambuslang Harriers MAS	17:13	2	30
264	Mark Milligan (M50)	Law & District AAC	17:13	4	30
266	Gordon McInally (M50)	Calderglen Harriers	17:17	2	32
267	Steven Smith (M50)	Greenock Glenpark Harriers	17:21	1	33
268	Ryan Nelson (SM)	Clydesdale Harriers	17:26	1	157
269	Graeme Kennedy (M60)	Motherwell Athletics Club	17:29	2	19
270	John Cunningham (M50)	Bellahouston Harriers	17:31	3	34
271	Murray Mcdonald (SM)	Kilmarnock Harrier & Athletic Club	17:32	4	158
272	Alastair Patience (M50)	Bellahouston Harriers	17:33	2	35
272	Alan O'Rourke (M50)	Greenock Glenpark Harriers	17:33	2	35
272	Stuart Macgregor (M50)	Motherwell Athletics Club	17:33	3	35
275	David Hoolaghan (M40)	Motherwell Athletics Club MAS	17:36	4	60
276	Lee Graham (M50)	Bellahouston Harriers	17:37	2	38
276	Gordon Colvin (M60)	East Kilbride Athletic Club MAS	17:37	3	20
278	Stephen Pollock (M50)	Motherwell Athletics Club MAS	17:38	1	39
279	Paul Toland (M40)	West End Road Athletes MAS	17:41	1	61
280	Gary Arthur (SM)	Motherwell Athletics Club MAS	17:42	3	159
281	David Carson (SM)	Bellahouston Harriers	17:43	4	160
282	Luke Kirwan (SM)	East Kilbride Athletic Club	17:56	2	161
283	Ian Brown (M60)	Helensburgh Amateur Athletic Club	17:58	4	21
284	John Carty (M40)	Victoria Park City of Glasgow AC	18:05	1	62
285	Colin Gardner (M50)	Motherwell Athletics Club MAS	18:07	4	40
286	John Burns (M60)	Motherwell Athletics Club	18:11	4	22
287	Mohamed Reyad (M40)	Cambuslang Harriers MAS	18:19	3	63
288	Matthew Greany (SM)	Motherwell Athletics Club MAS	18:21	3	162
289	Trevor Cockerell (M50)	Dumbarton Amateur Athletics Club	18:28	2	41
290	Norman Baillie (M70)	Garscube Harriers	19:27	3	2
291	Vincent Glennon (M50)	East Kilbride Athletic Club MAS	19:28	4	42
292	Steven Currie (M40)	Garscube Harriers	21:55	3	64
293	Russell Couper (M60)	Calderglen Harriers	22:16	3	23
294	Stuart Irvine (M70)	Garscube Harriers	22:28	1	3